

Friendship Events across North Rushcliffe

September

2024

10TH

Contact your Social Prescriber

The Flintham Museum and Gardens, 12.30-4pm.
Inholms Rd, Flintham, Newark NG23 5LF

Join Social Prescriber Tamika. Start your day with a book club at 12:30pm, where you can dive into lively discussions with fellow book lovers in the cosy atmosphere of the museum. Then from 2-4pm, discover the fascinating history through the museum's unique exhibits, showcasing the rural life through the eyes of a village shopkeeper. After exploring the museum, unwind with coffee and cake in a lovely outdoor seated area. This venue is dementia friendly and has accessible toilets.

12TH

Contact your Social Prescriber

Cropwell Community Garden, 10.30am-12pm.
The Plough Inn, Main Street, Cropwell Butler, NG12 3AB

Join Social Prescriber Pippa at this no-dig community garden! Come and enjoy the fresh air and see all that is growing, with a chance to get stuck in if you would like? We will do gentle gardening activities including seed saving and sowing winter vegetable crops. Please note that there is no shelter at the garden. Toilets are in the pub. There is a car park at the pub but only a few spaces for the garden - additional parking elsewhere in the village is available.

WEEKLY
EVENT

Contact your Social Prescriber

Social Prescribing Allotment, Wednesdays
1.30-3.30pm at Paradise Allotments, Wilford Road, Ruddington, NG11 6BN.

Join Social Prescriber Laura who co-runs the allotment weekly every Wednesday during Spring/Summer/Autumn. Meet us in the wonderful outdoors, do some wholesome gardening tasks and have a cuppa on us!

26TH

Contact your Social Prescriber

Coffee Morning 10.30am-12pm at St Mary & All Saints Church, Church Street, Bingham, NG13 8AL.

Join Social Prescriber Laura at this weekly coffee morning for everyone in the community. There is also a children's play area, so feel free to bring along your kids or grandchildren! Well behaved dogs are welcome too. Treat yourself to home-made cake and a lovely tea or coffee. Free/donations welcome.

Cancelled due to renovations



For updates, please let us know if you would like to be added to our friendship WhatsApp group

If you are not on our WhatsApp group: please call the social prescriber ahead to check the session you want to attend is running.

Your North Rushcliffe team:

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