

Rushcliffe Memory Cafés

What are Memory Cafés?

Memory cafés offer a safe space for anyone struggling with memory issues, bereaved individuals, those socially isolated and their carers.

Come meet new people, enjoy a tea and some cake with activities and games!

Bingham



Every 2nd Monday,
2pm - 3:45pm



Methodist Centre,
Bingham

0115 933 2874

Cotgrave ★



Last Thursday of the
month, 2pm - 4pm



All Saints Church,
Church Lane, Cotgrave

07979 392652
thompson54@virginmedia.com

East Leake



Every Tuesday,
10:30am - 12pm



Methodist Church,
East Leake

07799 291188 or
01509 853866



= please book in before attending

Keyworth ★



Every 3rd Wednesday,
10am - 12pm



Parochial Hall,
Keyworth

07891 946680 or
0115 8460053

Radcliffe-on-Trent



Every 3rd Tuesday,
2pm - 4pm



Methodist Church,
Radcliffe-on-Trent

07729 835457

West Bridgford 1



Every 1st Monday of
the month, 2pm - 4pm



WB Methodist
Church, Musters Rd

07966 171261

West Bridgford 2



Every Friday,
10:30am - 12pm



St Pauls Church,
Boundary Road, WB

st.paulschurchcommunity@
outlook.com

