

Friendship Events across North Rushcliffe December

2024

6TH



Welcome Space at Langar and Barnstone Community Hall

When: Friday 6th December 11am-12.30pm

Where: Langar cum Barnstone Community Hall, Main Road, Barnstone, Nottinghamshire, NG13 9JP.

Join Social Prescriber Pippa at the opening of this brand new welcome space designed to bring communities together. This is open 11am-2pm and our Pippa will be there from 11am to 12.30pm. Join her at this modern and cosy new hall with free hot food and drinks, games, wi-fi, and great company of course. For more information about this Welcome Space visit <https://langarbarnstone.co.uk/>

Contact
the Social
Prescriber

12TH



Coffee Morning and Secondhand Book Stall

When: Thursday 12th December 10.30am-11.30am

Where: Bingham Methodist Centre, Needham St, Bingham, Nottingham NG13 8AE

Join Social Prescriber Laura at this weekly Bingham coffee morning and cheap books stall. Bring change if you'd like a nice coffee, tea or cake. A chance to meet and get to know other people in the local community!

Contact
the Social
Prescriber

16TH



Festive Nibbles at our Social Prescribing Community Hub

When: Monday 16th December 12.15pm-1.30pm

Where: West Bridgford Young Peoples Centre (next door to West Bridgford Library) Bridgford Road, West Bridgford, NG2 6AT

Join your Social Prescribers Tamika, Pippa & Laura at our Social Prescribing Community Hub for a seasonal lunchtime. There will be some free festive nibbles you can enjoy and as always a selection of hot drinks will be available. Come and mingle with members of the Rushcliffe community and find out more about the Hub where we host drop-ins and wellbeing sessions. Christmas jumpers optional!

Contact
the Social
Prescriber



For updates, please let us know if you would like to be added to our Friendship WhatsApp group

Your North Rushcliffe team:

Laura Steed
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Pippa Bremner
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Tamika Shelkundo
07361894475

Every effort will be made for a social prescriber to attend however please be mindful that a social prescriber may not always be in attendance

If you are not on our WhatsApp group: please call the social prescriber ahead to check the session you want to attend is running.