



Nottinghamshire

Care Services Directory **2023/24**

The essential guide to choosing and paying for care and support

In association with



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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**.

Alternative formats

This Directory is available electronically at www.carechoices.co.uk/ The e-book is also Recite Me compatible for those requiring information in the spoken word.



Introduction

Welcome to this edition of the independent Nottinghamshire Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 12. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 21 for those paying for care at home and 50 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 7 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 40) or residential care. Comprehensive lists of care homes and care homes with nursing in Nottinghamshire start on page 57.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 55), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit www.carechoices.co.uk



Welcome from Nottinghamshire County Council



Nottinghamshire County Council Nottinghamshire County Council's

focus is to help you to stay as independent as possible so you can live a more fulfilled, enjoyable life with strong links to your community.

If you would like to find out more information about active living, staying connected and money matters, as well as a range of services to support you and help keep you independent, please take a look at our website at www.nottinghamshire.gov.uk/care/adult-social-care/adult-social-care-hub

We have an 'Information and advice for you' form on our website at www.nottinghamshire.gov.uk/care/adult-social-care/self-assessment, providing a personalised booklet containing advice and information based on the areas you identify you want to focus on. This information will connect you with support in your local community and help you to make the best use of your existing networks.

We will always make sure you have access to information and advice to support your wellbeing before you need formal social care services. This is a universal offer to all, whether you pay for your care and support yourself, or are state funded.

If you need support, we will make it as easy as possible to get the right support, at the right time and in the right place. This will mean working closely with local community groups, the voluntary sector, your carers and family to support you. To help you to remain living in your own home, we will work alongside organisations such as healthcare providers to develop local, community-based support. This will include, wherever possible, reducing avoidable hospital admissions and long-term residential care.

The type and level of support you can expect will adapt and differ as your needs change. We will have conversations with you about how your needs may best be met. This includes providing advice and guidance, signposting you to available community resources and assessing your care and support needs.

If you fund your own care, we also have information available to help you to make well-informed decisions about your future. You can find the different ways to contact us, including by phone, online, by TextRelay or via the SignVideo app, at www.nottinghamshire.gov.uk/contact-and-complaints/contact-us/contact-us

Nottinghamshire Care Association



Nottinghamshire Care Association A not-for-profit organisation that

represents a wide range of independent care homes throughout Nottinghamshire and Nottingham City.

What do independent homes have to offer a resident?

Choice

Independent homes range from small, comfortable and homely through to five-star hotel-style luxury, with a vast range in between. NCA members' homes come in all shapes, sizes and locations, nearly every town has an independent care home.

Although, in Nottinghamshire, all nursing homes are provided by the independent sector.

Uniqueness

NCA members' homes each provide a unique service, but all enable older people to enjoy what is best for individual needs. For example: if you feel isolated in your own home, you can gain companionship; if you are struggling to cope alone, you can receive 24-hour help; and if you feel like you are a burden, you can find yourself much more independent. →

Visit www.carechoices.co.uk for further assistance with your search for care

→ Caring staff

Above all, it is our staff who make the difference: a smile that can make you smile back and feel valued; being dependable and sensitive to your needs also brings renewed confidence; offering help with the things that are hard to do which can make a difference to your life and results in an important and highly fulfilling role; being on hand 24/7.

High standards

Independent care homes provide care that is over and above the Care Quality Commission's Fundamental Standards – caring about every aspect of your life including health, diet, exercise, hobbies and social activities. The homes aim to ensure that you continue to enjoy life whilst receiving the very highest standard of care.

All homes provide personal services and registered nursing homes also provide 24/7 qualified nursing care. Some homes also provide dementia care, learning disability support and other more specialist care.

Quality

NCA members are passionate about providing good quality. All independent homes are registered with the Care Quality Commission (CQC) and are subject to stringent inspections by the CQC, the local councils, fire officers, the health and safety executive, environmental health officers and, for nursing homes, by the NHS Integrated Care Board. Unsurprisingly, NCA members have a vested interest in providing a high-quality service to all residents. Independent government quality reports on every home can be found on the CQC website at www.cqc.org.uk

Good value

Accommodation and care charges vary according to the service offered and required – but all homes aim to provide good value for money. You may be surprised by how little high standards of care cost. Although higher quality care often does cost more.

Details of the financial support available can be found elsewhere in this Directory. However, specialist independent financial advice should always be considered.

Website

If you are looking for a care home in Nottinghamshire, why not visit one of our members' care homes? The NCA website provides some useful information to assist you in choosing an independent care home at www.nca.care

Activities of the NCA

The NCA represents individual companies, groups of homes, individuals and charities in the independent care home sector.

The NCA is committed to helping care providers to give the best possible service to vulnerable people – working in partnership with others to make this a reality. The NCA promotes the care sector by lobbying politicians for the benefit of residents, members and staff. NCA lobbies for equal, fair and consistent support of residents whether you are in an independent or publicly owned care home. The NCA works with the statutory authorities to negotiate economic levels of fees from the government and local authorities.

NCA also works with the Care Quality Commission, the local councils and NHS to raise standards and encourage training and development of staff.

Nottinghamshire Care Association Ltd

Email: enquiries@nca.care

Web: www.nca.care



Helping you to stay independent

Services developed in partnership with the voluntary sector

In Nottinghamshire, there are various voluntary and community organisations that offer preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;

- support for carers; and
- handyperson schemes.



Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as

chiropractic or hairdressing. There is a wide variety around the county, catering for older people and people with mental health conditions, learning disabilities and dementia.

Centres can be as important for carers as those attending, as they allow for a regular break from caring. To find out more about what is available locally, visit www.nottshelpyourself.org.uk (search 'Day centres').

Meals at home

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately. The following services might be able to provide meals in your home.

County Enterprise Foods

Tel: **01623 490015**

Email: county.enterprisefoods@nottsc.gov.uk

Web: www.countyenterprisefoods.co.uk

Meals at Home – Nottingham City Council

Tel: **0115 876 1847**

Email: mealsathome@nottinghamcity.gov.uk

Web: www.nottinghamcity.gov.uk

(search 'Meals at home').

Oakhouse Foods East Midlands

Tel: **01526 320222**

Email: e.midlands@oakhousefoods.co.uk

Web: www.oakhousefoods.co.uk



Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible.

If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including:

- information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free;

- a handyman service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and
- a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and it will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit www.housingcare.org



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2 Benedict Square | Peterborough | PE4 6GD | T: 01733 555838

www.primecomfort.co.uk



my family our needs

The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk · @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit <https://asksara.livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

- Does the equipment support your specific needs?
- Are you willing to use it?
- Will it fit into your everyday life and routine?
- Have you tried a demo of the equipment?
- Do you understand what the equipment is for?
- Do you need to take it with you when you leave the house? Is it transportable?
- Does the equipment have any limitations that would make it unsuitable for you?
- Will it work alongside any assistive technology you already have?

Usability

- Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)?
- Does the equipment need a plug socket and will any wires cause a trip hazard?
- Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?
- Are you able to use it? Are there any aspects you don't understand?

Notes

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- Will it need to be installed by a professional?
- Can the retailer provide you with training in using the equipment?

Reliability

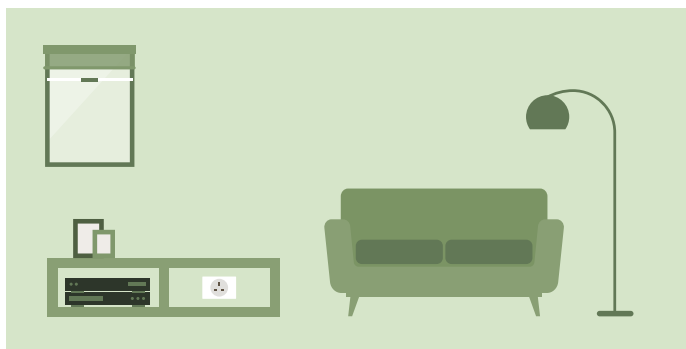
- Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)?
- Have you read reviews of the equipment you are looking at? Consider these before making your purchase.
- Can you speak to someone who already uses it?
- Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this.
- Is it durable? If you drop it, is it likely to break?

Cost

- Do you know how much it costs?
- Will you need to pay a monthly charge?
- Are there alternative solutions that might be free?
- Is there a cost associated with servicing the equipment?

Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit: www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handled cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to lever-style taps, which might be easier for you to use.



Handled plug



Chair raisers



Chopping board

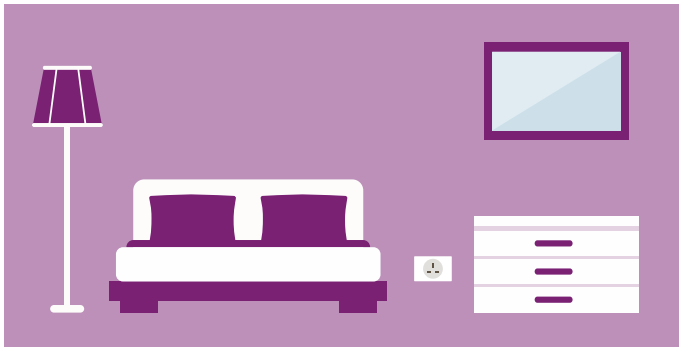


Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at: www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



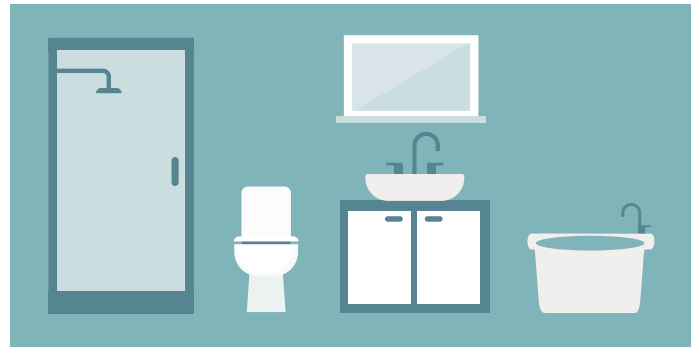
If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see page 17.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Nottinghamshire County Council

Tel: **0300 500 8080** • Web:

www.nottinghamshire.gov.uk/contact-and-complaints/contact-us/contact-us • Web: www.nottinghamshire.gov.uk/care/adult-social-care



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online guided advice service

called AskSARA, which can help anyone who finds they have difficulties with everyday tasks.

Visit <https://asksara.livingmadeeasy.org.uk> to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 9 to make sure it's right for you.

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured that, should an incident occur, they will know about it. Some devices can also help to monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if

you're eligible through an assessment (see below), Nottinghamshire County Council may be able to provide it for you.

Useful websites

Web: www.manageathome.co.uk

Web: <https://asksara.livingmadeeasy.org.uk>

Web: www.livingmadeeasy.org.uk

Web: www.nottinghamshire.gov.uk (search 'Technology enabled care').



Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe several ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services

they need without direct council involvement.

If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services.

The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;

- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact Adult Social Care to arrange an assessment. Call **0300 500 8080**. Once Adult Social Care understands your care and financial needs, the next stage is to

determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 21 if you are receiving home care and page 50 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money can only be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or

- as a mixture of these options.

Managing a Direct Payment

If you are eligible for financial support from the council, you can choose to have a Direct Payment. Having a Direct Payment gives you choice and control over how you organise, buy and manage your care and support.

It must be used to buy services that you are assessed as needing. In Nottinghamshire, your Direct Payment can be paid to you via a pre-paid card, which works like a debit card. Alternatively, you can open a bank account just for your Direct Payment to be paid into.

For more information, contact the **Direct Payment Support Team** on **0115 977 5760** (option four, then option two), email **dpenquiries@nottsc.gov.uk** or visit **www.nottinghamshire.gov.uk/care/adult-social-care/paying-for-care** (select 'Direct Payments support area').

Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, Adult Social Care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.



Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You will need to have an assessment of your care needs to decide if you are eligible. If you are eligible, a reablement worker will support you for a limited period.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you money.

For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. The reablement service may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses. This combined resource helps people to regain their

independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks.

If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 52 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team. The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.



Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for and the help they give doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- shopping and food preparation;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company;
- emotional support or communicating; or
- keeping an eye on someone to make sure they are safe.

Assessing carers' needs

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

Having an assessment of needs as a carer, gives the opportunity for people to have a conversation with the council to help them understand how caring may be impacting on their own health, work, social life and wellbeing, so that the right support is provided to help them continue in their caring role. The first conversation is the essential start of assessing carers' needs. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The outcome of the conversation and the support agreed will depend on your own current personal circumstances, but it can provide lots of information about other services that might help which ranges

from information and advice to accessing short breaks, plus other ideas for support where eligible.

Visit www.nottinghamshire.gov.uk (search 'Support for carers') for more information.

Personal budgets to support carers

The outcome of a carer's conversation about their needs as a carer, may identify that they could be eligible for additional support such as a carers' personal budget.

A personal budget is a one-off payment which can be offered to carers where there are specific needs identified by the council, to help support carer's to look their own health and wellbeing.

As each carer's circumstances are different and individual to them, this means that not everyone will be eligible for a personal budget and not everyone will get the same amount. However, the council ensures that decisions made about offering carers a personal budget are fair, consistent, and based on the carer's specific needs.

Some examples of where a personal budget may be

offered to eligible carers may include:

- equipment to help with your caring role;
- one-off activities, items, or services to specifically support carer mental and physical wellbeing;

- college or training courses; and
- helping carers back to work.

Visit www.nottinghamshire.gov.uk (search 'Support for carers') for more information.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 13) they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £76.75 per week but this may change over the lifetime of this Directory. Carers may also qualify for Carer's Premium or Carer's Credit, depending on their eligibility.

If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £42.75 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for Carer's Allowance may qualify for Carer's Credit.

The Government's website (www.gov.uk) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation, which may be able to help undertake a benefit check.

Nottinghamshire Carers Association

Works to ensure that carers have the same rights, hopes, expectations and choices as people who are not carers.

Tel: **01773 833833**

Email: info@nottinghamshirecarers.co.uk

Web: <https://nottinghamshirecarers.co.uk>

Nottinghamshire Carers Hub

TuVida provides a range of support and services for carers.

Tel: **0115 824 8824**

Email: nottinghamshirehub@tuvida.org

Web: www.tuvida.org/nottinghamshirehub

Nottinghamshire carers' emergency card

The Nottinghamshire carers' emergency card provides carers (over the age of 18) with peace of mind by enabling them to access emergency assistance around the clock. The card doesn't contain any personal details, just the telephone number of the 24-hour emergency cover service. In an emergency, anyone can telephone the number on the card and the contact centre will access the carer's pre-arranged emergency plan and put it into action.

Visit www.nottinghamshire.gov.uk/care/adult-social-care/carers/support-for-carers for further information and to apply for a card online or call **0300 500 8080**.



Resource for people supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance,

policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit **www.myfamilyourneeds.co.uk**



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk  [@WeAreMFON](https://twitter.com/WeAreMFON)

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Care and support in the home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe.

It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate.

Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting Adult Social Care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support. Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See the following section for more information about live-in care.

A list of all home care agencies operating in Nottinghamshire starts on page 25.



Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 55.

Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email. If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Whatever your care needs, this Directory and the Care Choices website will be able to point you in the best direction, however you would like care information presented. For more information, visit www.carechoices.co.uk

The Care Quality Commission (www.cqc.org.uk) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 55.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;

- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

For further help with choosing an agency, use the checklist on page 23.



Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, Adult Social Care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible. Visit www.alzheimers.org.uk/get-support/daily-living for more information.

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community.

Dementia Friends is giving people an understanding

of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia. See www.dementiafriends.org.uk for further information.

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the

person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break.

Contact the council to see if you are eligible for support with arranging these services. See page 12.

Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia

will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Activities may include outings, entertainment,

personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to several days.

Contact the council or your local Alzheimer's Society office for more details. See 'Useful local contacts' beginning on page 85.

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 85 for contact details.

Alzheimer's Society's Dementia Connect Support Line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations. The Helpline is open from 9.00am to 8.00pm, Monday to Wednesday;

9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 50.



Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

CareChoices

Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

The council calculates charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what

they can afford, taking into account capital, income and expenditure.

Your financial assessment looks at your capital, savings and weekly income (including pensions and benefits).

The council may also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement. Visit www.nottinghamshire.gov.uk (search 'Paying for care') for more information.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits.

Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have.

AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need.

These can be found at www.gov.uk and you can check your State Pension age at www.gov.uk/state-pension-age

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.



Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 2020 454**

Email: admin@societyoflaterlifeadvisers.co.uk

Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 50.

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for more details visit
helpinghands.co.uk



Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

How long has the agency been operating?

How long are staff allocated per visit?

Can you contact the agency in an emergency or outside office hours?

Does the agency have experience with your specific needs?

Staff

Are you likely to be visited by different staff each day?

Are all staff checked with the Disclosure and Barring Service?

Will you be notified in advance if your care worker is on holiday or sick?

Are staff matched to you specifically, based on your needs and preferences?

Can you meet your care worker(s) before they start?

Does the agency have both male and female staff?

Accommodating your needs

Can the agency accommodate your needs if they increase? Ask about the process for this.

Does the agency have a training scheme in place?

Are all staff trained to a certain level?

Are staff able to help with administering medication if required?

Is there a way for staff to communicate with each other about the support they provide when they visit you? How?

Regulation

Will your support plan be reviewed at regular intervals?

Can you see the agency's contract terms?

Can you lodge a complaint easily?

Are complaints dealt with quickly?

Can you see a copy of the agency's CQC registration certificate and quality rating?

Notes

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*See page 55.

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01623 701070

E: accessltd2016@gmail.com

www.access2016ltd.co.uk

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01159 333 114

Rushcliffe & Melton office

01636 673920

Newark & Sherwood and Bassetlaw office

0115 773 3322

Nottingham office

www.bluebirdcare.co.uk



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Call: **01949 829307**

claire@belvoirhomecare.co.uk

www.belvoirhomecare.co.uk

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Tel: 0115 998 8790

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Tel: 0116 257 6700

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A PLACE FULL OF CARE AND RESPECT

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Dalchi Healthcare provides home care services to people receiving **Direct Payment Support, Personal Health Care Budget Support, and Private Sector Individuals** all throughout England and Wales.

OUR SERVICES INCLUDE:

- Domiciliary Care
- Overnight Care • Live-in Care
- Personal Care • Complex Care
- Medication • Shopping
- Social Support • Companionship
- Meal Preparation

For more information, please get in touch, we would love to hear from you:

☎ **01332 742613**

✉ **admin@dalchihealthcare.co.uk**
info@dalchihealthcare.co.uk

www.dalchihealthcare.co.uk

Inspected and rated

Good



WE ARE

A small, family-run company, providing home care in the heart of rural England.

Local people helping their community.

If you need advice our expert care professionals can help.



**LOCAL PEOPLE
EXPERT CARE
SHARED INTERESTS**



CONTACT US

Tel: **0115 648 3410**

Email: **hello@thelocalcaregroup.com**

www.thelocalcaregroup.com



Community care in Nottinghamshire, Yorkshire and Midlands



Nemazy Care Ltd is a company that passionately cares for people who require additional support with day-to-day household tasks, personal care or any other activity that allows them to maintain their quality of life and independent living.

We can provide **short-term** and **long-term** contracts if needed.

☎ **01302 744803** ✉ **info@nemazycare.co.uk**
www.nemazycare.co.uk



Out & About
— CARE —

Assisting those that require support to live in the community

Operating in Grantham, Nottinghamshire and surrounding areas

My companion service allows you to not only carry out social and domestic tasks, but rejoin society. Helping people to lead happy, healthy and stimulating lives.

My unique approach allows you to book blocks of hours for services tailored to your needs, including companionship, accompanying you on trips out, medication reminders, engaging in hobbies and interests, plus much more.



For further information on how I can help you, please get in touch:
☎ **07430 441826** ✉ **monika@outandaboutcare.co.uk**
www.outandaboutcare.co.uk



Premier Community
Caring for your independence

Dedicated local care teams throughout Nottinghamshire, Derbyshire & South Yorkshire



Complete Community Care

We are an **award-winning family business**, providing a variety of mobility and home care products and services that enable our service users and customers to remain as independent as possible at home.

Our services include:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Homecare | <input checked="" type="checkbox"/> Night Care |
| <input checked="" type="checkbox"/> Personal Care | <input checked="" type="checkbox"/> Home Help |
| <input checked="" type="checkbox"/> Respite Care | <input checked="" type="checkbox"/> Mobility products |

Showrooms in **Carlton - Nottingham, Kings Mill Hospital, Ilkeston, Woodseats-Sheffield**

If you wish to know more about our services get in touch **today:**



www.premiercommunity.co.uk



01623 810 100

Home care providers continued

Destiny Hope Care Services Ltd

Nottingham

Tel: 07591 513805

OP D SI YA

Eden Futures

Newark

Tel: 07741 890937

OP D PD LDA MH SI YA

Diamond Care Solutions Ltd

Nottingham

Tel: 07717 790494

OP D PD SI YA

Eden Supported Housing Ltd – Mansfield Regional Office

Mansfield

Tel: 01623 651987

OP D PD LDA MH SI YA

DICE Healthcare Ltd

Mansfield

Tel: 01623 880133

OP D PD LDA SI YA

Eden Supported Living Ltd

Nottingham

Tel: 0330 024 0039

OP D PD LDA MH SI YA

Dignified Services Ltd

Nottingham

Tel: 07596 896891

OP D PD MH SI YA

Elevated – Grace Healthcare Ltd

Nottingham

Tel: 07580 104731

OP PD SI YA

Disabled Children's Support Services

Mansfield

Tel: 01623 433433

PD LDA SI

Eliezer Supported Living Services Ltd

Nottingham

Tel: 07825 001671

OP PD LDA MH SI YA

Diverse Home Care Ltd

Nottingham

Tel: 0115 962 0998

OP D PD LDA MH SI YA

EMH Supported Living 2

Sutton-in-Ashfield

Tel: 01246 599999

OP D PD LDA MH SI YA

DKM Healthcare Ltd

Nottingham

Tel: 07758 649066

OP D PD LDA MH SI YA

Enable Support Ltd

Nottingham

Tel: 07764 486075

OP PD LDA YA

Dove Caring Ltd

Nottingham

Tel: 0115 964 8243

OP D YA

Every Sensation

Sutton-in-Ashfield

Tel: 01623 557560

PD LDA SI YA

Duncan Macmillan House (Trust Headquarters)

Nottingham

Tel: 0115 969 1300

OP D PD LDA MH SI YA AD

Exemplar Homecare Ltd

Mansfield

Tel: 01623 287988

OP D PD MH SI YA

Durbia Healthcare Ltd

Nottingham

Tel: 07990 926420

OP D PD LDA MH SI YA AD

Extra Help Care Ltd

Nottingham

Tel: 07534 371422

OP D PD LDA SI YA AD

Dynamic Care Solutions

Nottingham

Tel: 07368 599728

OP D PD MH YA

Fastline Ltd

Nottingham

Tel: 0115 837 1911

OP D PD MH SI YA

EBS Instant Care Ltd

Nottingham

Tel: 0115 984 1961

OP D PD LDA MH SI YA

Felt Care Ltd

Nottingham

Tel: 07780 580941

OP D PD SI YA

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

Home care providers continued

Firs Residential Care Home, The

Nottingham

Tel: 0115 966 5055

OP D PD LDA MH SI YA

GC Home Care

Nottingham

Tel: 0115 840 4624

OP D PD MH

First Care DCA – Suite 27, Enterprise House

Worksop

Tel: 01909 479222

OP D PD SI YA

Gemini Exclusive Care Mansfield

Mansfield

Tel: 07399 180659

OP D PD SI YA

First Class Care Services

Nottingham

Tel: 01582 969393

OP D PD LDA MH YA

Gentle Care Group Ltd

Mansfield

Tel: 01623 375014

OP YA

FitzRoy Support at Home

– Nottinghamshire

Newark

Tel: 0115 784 1840

LDA YA

Gladstone House

Newark

Tel: 01522 412181

OP D PD LDA MH SI YA

Forever Independent

Nottingham

Tel: 0115 837 6656

OP D PD SI YA

Gleamlite Services Ltd

Worksop

Tel: 01909 281226

OP YA

Fosse Healthcare – Armstrong Gardens

Newark

Tel: 01623 871113

OP D PD LDA MH SI YA AD

Gogomadu Cares

Nottingham Office

Nottingham

Tel: 07928 667381

OP D PD LDA MH YA

Fosse Healthcare – Newark

Newark

Tel: 01522 412181

OP D PD LDA MH SI YA AD

Gozian Healthcare Ltd

Nottingham

Tel: 0333 090 4534

OP D PD YA

Fosse Healthcare – Nottingham

Nottingham

Tel: 0115 784 1866

OP D PD LDA MH SI YA AD

Graceful Care Group Ltd

Nottingham

Tel: 07766 927229

OP PD YA

Fosse Healthcare – Nottinghamshire

Mansfield

Tel: 01623 362656

OP D PD LDA MH SI YA

Gracious Health Solutions Ltd

Nottingham

Tel: 0115 935 2068

OP D PD LDA MH SI YA

Four Seasons Private Care Ltd

Nottingham

Tel: 01733 304090

OP D PD SI YA

Greenline Healthcare Group Ltd

Mansfield

Tel: 0333 577 8089

OP D PD LDA MH YA

Free Spirit Support Service

Retford

Tel: 07739 693871

OP D PD LDA SI YA

Guardian Angel Carers Lincoln & Newark

Newark

Tel: 01636 385904

OP D PD YA

Future Home Care Ltd Nottinghamshire North

Nottingham

Tel: 0115 753 0970

OP LDA YA

Hallam24 Bassetlaw

Worksop

Tel: 01909 479951

OP D PD LDA MH SI YA AD

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

Hanya Homecare Ltd

Nottingham

Tel: 07539 242123

OP D PD MH SI YA

**Heart Led Homecare
(Nottinghamshire)**

Nottingham

Tel: 0115 854 3812

OP D PD LDA MH SI YA

Hearts4People Healthcare Services Ltd

Mansfield

Tel: 07861 930238

OP D PD YA

Heaven Scent Care Services Ltd

Nottingham

Tel: 0115 964 8241

OP D PD LDA YA

Heavenly Touch Care Ltd

Nottingham

Tel: 07412 379749

OP D PD LDA MH YA

Helping at Home

Newark

Tel: 01636 614025

OP D PD SI YA

Helping Hands Beeston

Nottingham

Tel: 01156 725 927

Advert page 22

OP D PD LDA MH SI YA

Helping Hands Mansfield

Mansfield

Tel: 01623 306 856

Advert page 22

OP D PD YA

Helping Hands Newark

Newark

Tel: 01636 314 285

Advert page 22

OP D PD LDA MH SI YA

Helping Hands Team

Retford

Tel: 01777 573007

OP D PD MH YA

Helping Hands West Bridgford

Nottingham

Tel: 01156 722 631

Advert page 22

OP D PD YA

Hidmat Care Ltd

Nottingham

Tel: 0115 929 8308

OP D PD SI YA

Holy Spirit Home Care

Worksop

Tel: 01909 489489

OP D PD MH SI YA

Home Instead East Bridgford

East Bridgford

Tel: 01949 480480

Advert inside front cover

OP D PD LDA MH SI YA

Home Instead Mansfield

Mansfield

Tel: 01623 702802

OP D PD SI MH YA

Home Instead Nottingham

Nottingham

Tel: 0115 922 6116

Advert inside front cover

OP D YA

**Home Instead Senior Care Retford and
Gainsborough**

Retford

Tel: 01777 712629

OP D PD LDA MH SI YA

ICare Nottingham Ltd

Nottingham

Tel: 07790 386765

OP D PD LDA MH SI YA

Inner City Care, Lancaster House

Nottingham

Tel: 0115 856 1140

OP D PD LDA MH SI YA AD

Insight Care Services Ltd – Unit 9

Nottingham

Tel: 07903 152537

OP D PD YA

Inspo Solutionz Ltd

Nottingham

Tel: 0115 670 1218

OP D PD LDA MH SI YA

Involved Care Ltd

Nottingham

Tel: 0115 783 7561

OP D LDA YA

J & K Keycare

Nottingham

Tel: 07771 357911

OP D PD SI YA

Jade Healthcare Services

Nottingham

Tel: 0115 964 8317

OP D PD LDA YA

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

Jigsaw Homecare Ltd

Mansfield

Tel: 01623 662200

OP D PD LDA MH SI YA AD

Leymar Healthcare

Sutton-in-Ashfield

Tel: 01623 360193

OP D PD MH SI YA

Joy2care

Nottingham

Tel: 0115 987 1263

OP D PD SI YA

Lifeways Community Care Ltd (Nottingham)

Nottingham

Tel: 0115 753 0970

OP MH YA

Joyfredwill Healthcare Ltd

Nottingham

Tel: 07535 161308

OP D PD LDA MH YA

Lillie-Rose Home Care

Doncaster

Tel: 01302 618081

OP D PD YA

JRH Support – Head Office

Nottingham

Tel: 0115 985 6000

OP D PD LDA MH SI AD

Living Well Social Care Services Ltd

Nottingham

Tel: 07443 163220

OP D SI YA

JWM Healthcare Ltd

Nottingham

Tel: 07413 757017

OP D PD LDA MH YA

Lloyds Care Group Ltd

Nottingham

Tel: 0800 772 0770

OP D PD MH YA

Karen Burgin Ltd

Loughborough

Tel: 07989 559427

OP D PD LDA MH SI YA AD

Local Care Group Ltd, The

Newark

Tel: 0115 648 3410

Advert page 30
OP D PD LDA MH SI YA AD**KCL Care Ltd**

Nottingham

Tel: 0115 837 7576

OP D PD LDA MH SI YA

Lotus Home Care Nottingham

Worksop

Tel: 0115 824 4114

OP D PD SI YA

Kharis Healthcare Ltd

Nottingham

Tel: 07383 088631

OP D PD LDA MH SI YA

Mae Care Ltd

Nottingham

Tel: 07505 488053

OP D PD MH YA

Kind Healthcare

Nottingham

Tel: 07774 029347

OP PD LDA MH SI YA

Mark Time Care Ltd

Nottingham

Tel: 07794 199612

OP D PD MH SI YA

Knights Home Care Services Ltd

Doncaster

Tel: 01427 891483

OP D LDA MH SI YA

Mencap – Mansfield Domiciliary Care Agency

Mansfield

Tel: 01623 374380

OP D PD LDA MH SI YA

Kope-Medics

Nottingham

Tel: 07846 564792

OP D PD MH SI YA

Mencap – Newark Domiciliary Care Agency

Newark

Tel: 01636 614027

OP D PD LDA MH SI YA

KP Premier Care

Nottingham

Tel: 07877 001653

OP D PD YA

Mencap Central Notts Services

Sutton-in-Ashfield

Tel: 01623 512666

LDA

Leda Homecare

Worksop

Tel: 01909 512550

OP D PD MH SI

Mencap North Notts Services

Worksop

Tel: 01909 712255

LDA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Mencap – Portland Services

Nottingham
Tel: 0115 847 9434

LDA**Mercury House**

Nottingham
Tel: 0115 964 8280

OP D PD LDA YA**Meridian Health and Social Care – Nottingham**

Nottingham
Tel: 0115 924 4682

OP D PD LDA MH SI YA**Mi Casa Care Ltd Nottingham**

Mansfield
Tel: 0800 689 4267

OP D PD LDA SI YA**Milberry Care Agency**

Nottingham
Tel: 0115 783 3493

OP D PD LDA SI YA AD**Mindset Social Care**

Nottingham
Tel: 0115 786 0401

D PD LDA MH YA**M'kadesh Healthcare Ltd**

Nottingham
Tel: 07464 972611

OP YA**Moorfield Court**

Southwell
Tel: 01636 814325

OP D PD LDA MH SI YA AD**MoreCare Services UK Ltd**

Nottingham
Tel: 01784 247782

OP D PD MH YA**MoreLoved Care**

Nottingham
Tel: 0115 681 2514

OP D PD MH SI YA**MSK Healthcare**

Nottingham
Tel: 0115 986 6299

OP D PD LDA MH SI YA**My Homecare Nottingham**

Nottingham
Tel: 0330 041 5485

OP D PD YA**MyCareHub Ltd**

Nottingham
Tel: 07525 475534

OP D PD SI**Nemazy Care Ltd**

Doncaster
Tel: 01302 744803

Advert page 30
OP PD YA**Nottingham Assured Home Care Ltd**

Nottingham
Tel: 07974 685094

OP D PD SI YA**Nottingham Home Care**

Nottingham
Tel: 0115 876 3222

OP D MH SI AD**Nottingham Mencap Short Breaks Service**

Nottingham
Tel: 0115 920 4433

OP PD LDA YA**Nottingham Supported Living (DCA)**

Nottingham
Tel: 07583 090094

OP PD LDA MH SI YA**Notts Home Care Ltd**

Newark
Tel: 01623 862491

OP D PD MH SI YA**Nottz Care**

Nottingham
Tel: 0115 964 8277

OP YA**Nurseready Ltd**

Mansfield
Tel: 07539 766091

OP D PD YA**NurtureCare Ltd**

Nottingham
Tel: 0115 964 0557

OP D PD LDA MH SI YA AD**Oiza Healthcare Ltd**

Mansfield
Tel: 0333 772 1654

OP D PD LDA MH SI YA AD**Okiri Healthcare Ltd**

Nottingham
Tel: 0115 648 9575

OP D PD SI YA**Olive Care**

Nottingham
Tel: 0115 923 3585

OP D PD LDA MH SI YA AD**One–2–One Support Services**

Nottingham
Tel: 07747 788217

OP D PD MH SI YA

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Partners in Care (Nottingham) Ltd

Nottingham

Tel: 07722 933555

OP D PD LDA MH SI YA AD

Percurra

Nottingham

Tel: 0844 544 7780

OP D PD LDA MH SI YA

Percurra North Nottinghamshire

Nottingham

Tel: 0115 704 4740

OP D PD MH SI YA

Personalised Support Team – North Nottinghamshire

Worksop

Tel: 0115 844 3540

OP PD LDA MH SI YA

Personalised Support Team – Nottingham

Nottingham

Tel: 0845 196 0061

OP D PD MH SI YA

Platinum Home Care Ltd

Nottingham

Tel: 07557 383251

OP D PD LDA MH YA

Plus Point Care Ltd

Nottingham

Tel: 0115 748 3624

OP D PD LDA MH SI YA

Poppy Fields

Mansfield

Tel: 01623 880860

OP D PD LDA YA AD

Premier Community

Mansfield

Tel: 01623 810100

Advert page 30
OP

Primetime Care Services Ltd

Nottingham

Tel: 07736 543584

OP D PD MH YA

Profad Care Agency Nottingham

Nottingham

Tel: 0207 639 0839

OP YA

Pure Offices

Nottingham

Tel: 01623 726177

OP PD LDA MH SI YA AD

Q Care Assist

Nottingham

Tel: 0115 855 7904

OP D PD YA

Quality Life UK

Loughborough

Tel: 01509 767879

OP D PD MH SI YA

Radis Community Care (Nottingham)

Nottingham

Tel: 0115 943 0604

OP D PD LDA MH SI YA

Rainbow Care Services Ltd – 2a Kempson Street

Nottingham

Tel: 0115 921 2555

OP D PD MH SI

Raynes Healthcare

Nottingham

Tel: 0115 875 1850

OP D PD LDA MH

Reach Housing & Enablement Services Ltd

Sutton-in-Ashfield

Tel: 01623 559299

PD LDA MH SI YA AD

Reach Learning Disability Care C.I.C

Newark

Tel: 01636 919946

PD LDA SI YA

React Homecare Ltd

Worksop

Tel: 01909 261221

OP D PD MH SI AD

Ready Care Private Ltd

Nottingham

Tel: 0330 133 4947

OP D PD LDA MH SI YA

Real Social Care Solutions Ltd

Nottingham

Tel: 0115 783 0236

OP PD LDA SI YA

Reconnect Care Agency Nottingham

Nottingham

Tel: 0115 677 4541

OP D YA

Ree Enterprise UK Ltd

Nottingham

Tel: 0115 837 1415

OP D PD LDA MH SI

Respectful Care – Mansfield

Mansfield

Tel: 01623 665011

Advert outside back cover
OP D PD LDA SI YA

Respectful Care – Nottingham North

Nottingham

Tel: 0115 920 4317

Advert outside back cover
OP D PD LDA MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Respectful Care – Nottingham South

Nottingham

Tel: 0115 778 8566

Advert outside back cover**OP D PD LDA MH SI YA****Right at Home (Nottingham South)**

Nottingham

Tel: 0115 880 0911

OP D PD SI YA**Right at Home Nottingham North**

Nottingham

Tel: 07786 213817

OP D PD MH SI YA**Roselea House**

Nottingham

Tel: 0115 846 2250

OP LDA MH YA**Roxy Care Group Ltd**

Nottingham

Tel: 07888 686353

OP D PD MH SI YA**Royal Diadem Care Ltd**

Nottingham

Tel: 07435 566666

OP D PD LDA MH SI YA**Service Tree Ltd, The**

Nottingham

Tel: 0115 945 5639

OP D MH YA**Servis Personnel**

Nottingham

Tel: 0115 671 3555

OP D PD MH SI YA AD**Sherwood Prime Care Ltd**

Worksop

Tel: 01909 712271

OP D PD SI YA**Sherwood Therapy Services**

Nottingham

Tel: 0115 850 0433

OP PD LDA SI YA**Shiloh Care Ltd**

Nottingham

Tel: 0115 648 2439

OP D PD YA**Short Breaks Services – Link Work and Sitting**

Nottingham

Tel: 0115 915 5555

PD LDA YA**Silver Service Carers Ltd**

Newark

Tel: 07906 115755

OP D PD LDA MH SI YA AD**SimplyMy Care Ltd**

Nottingham

Tel: 07393 917688

OP D PD YA**SJW – The Wright Care**

Worksop

Tel: 01909 512163

OP D PD SI YA**Smart Social Work Ltd**

Nottingham

Tel: 07799 118131

OP D PD LDA MH SI YA AD**Smedley Close, 4**

Nottingham

Tel: 07525 009675

OP D PD SI YA**Solid Healthcare Ltd**

Nottingham

Tel: 07566 752930

D PD SI**Solo Support Services Ltd**

Nottingham

Tel: 0115 815 7010

OP D PD LDA MH SI YA AD**Special Social Care Ltd**

Worksop

Tel: 07456 020200

OP D PD LDA YA**Springs of Joy Care Solution (SOJ) C.I.C**

Nottingham

Tel: 0115 970 5982

OP D PD LDA MH SI YA AD**Stamford Healthcare Ltd**

Newark

Tel: 07341 832135

OP D MH YA**Start Service – Broxtowe, Gedling and Rushcliffe Locality**

Nottingham

Tel: 0115 804 1335

OP D PD LDA MH SI YA**Start Service – Mansfield and Ashfield Locality**

Sutton-in-Ashfield

Tel: 0115 804 1234

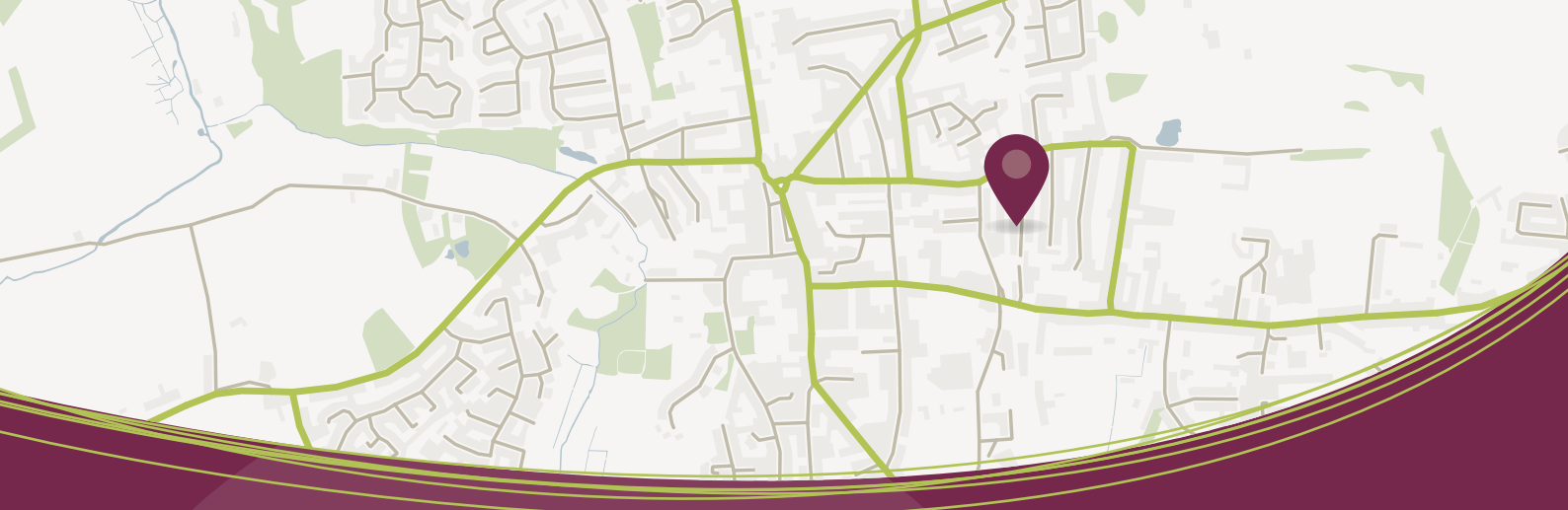
OP YA**Start Service – Newark and Bassetlaw Locality**

Newark

Tel: 0115 804 2000

OP YA

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs



www.carechoices.co.uk



Search for care in your area

**With so many providers
to choose from,
where do you start?**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Home care providers continued

Stellar Care Ltd

Nottingham
Tel: 0115 837 0203

OP D MH SI

Talbert Living Care Investment

Nottingham
Tel: 0115 697 1675

OP D PD LDA YA

Thistledown Road, 149

Nottingham
Tel: 0115 697 1675

OP D PD MH YA

Total Healthcare Solutions Ltd

Nottingham
Tel: 07462 546247

OP D PD LDA MH SI YA

Total Health Care Solutions PVT Ltd

Nottingham
Tel: 07828 072060

OP D LDA MH YA

Totland Drive, 16

Nottingham
Tel: 07789 083714

OP D PD SI YA

Trevikam Ltd

Retford
Tel: 07378 393555

OP D PD MH YA

Trinitie Homes Ltd

Sutton-in-Ashfield
Tel: 01623 364131

OP D PD MH YA

Truly Care Services

Mansfield
Tel: 07411 209316

OP D PD LDA MH SI YA AD

TRZ Care

Nottingham
Tel: 0115 837 0470

OP D PD LDA MH YA

Ultimate Group Services East Midlands Ltd

Nottingham
Tel: 07447 108544

OP D PD LDA MH SI YA

United Response – Nottingham DCA

Mansfield
Tel: 01623 709890

OP LDA

Valley Care – North Nottinghamshire

Mansfield
Tel: 07513 725037

OP D PD LDAMH SI YA

Valued Living Home Care Services

Nottingham
Tel: 0115 981 3217

OP D PD LDA MH SI YA

Victoria Home Care Solutions

Nottingham
Tel: 0115 967 6136

OP YA

VP Community Care

Nottingham
Tel: 0870 850 4265

OP PD LDA MH SI YA AD

Walfinch Mansfield

Mansfield
Tel: 07470 974290

OP D PD MH SI YA

Weldon Homecare Services Ltd

Newark
Tel: 01636 708192

OP D PD YA

Westminster Homecare Ltd (Nottingham)

West Bridgford
Tel: 0115 982 1331

OP D PD LDA MH SI YA AD

Winwood Heights

Nottingham
Tel: 0115 924 4682

OP D PD LDA MH SI YA

Word of Mouth Care Ltd

Nottingham
Tel: 0115 822 2144

OP D PD SI YA

Yanah Care

Nottingham
Tel: 0115 748 3626

OP D PD LDA SI YA

Your Home Care

Mansfield
Tel: 01623 375275

OP D PD SI YA

YourLife (West Bridgford)

West Bridgford
Tel: 0115 982 5163

OP D PD SI



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority,

voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation and extra care housing.

The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual needs and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 12).

Web: www.nottinghamshire.gov.uk (search 'Supported living').

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and

families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

Contact the council for further advice on local schemes.

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities.

In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team

of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact your local adult social care department. Details are on page 5.

Specific care and support services

Learning disability

If you are living with a learning disability in Nottinghamshire, you should contact your local council for support.

They might be able to signpost you to local services and assess your needs in case they can help you.

Your local council will aim to keep you living independently in your own home wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme. See page 40.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Nottinghamshire. Any learning disability providers are denoted with **LDA**.

You may also find the following organisations useful.

Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: **0808 808 1111**

Email: **helpline@mencap.org.uk**

Web: **www.mencap.org.uk**

Scope

Offers free, impartial and expert information, advice and support to disabled people and their families. • Tel: **0808 800 3333**

Email: **helpline@scope.org.uk**

Web: **www.scope.org.uk**



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

✉ hello@myfamilyourneeds.co.uk • [@WeAreMFON](https://twitter.com/WeAreMFON)

Subscribe today

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available in Nottinghamshire to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the following organisations for help and support.

Anxiety UK

Supports people living with anxiety and anxiety-based depression by providing information and services.

Tel: **0344 477 5774** • Text: **07537 416905**

Web: **www.anxietyuk.org.uk**

British Association for Counselling & Psychotherapy (BACP)

Information about the benefits of counselling and psychotherapy and a directory of UK counsellors and therapists.

Tel: **01455 883300**

Email: **bacp@bacp.co.uk**

Web: **www.bacp.co.uk**

Mind

Information about mental health conditions, where to get help, medications, alternative treatments and advocacy.

Tel: **0300 123 3393** • Email: **info@mind.org.uk**

Web: **www.mind.org.uk**

Rethink Mental Illness

Provides expert accredited advice and information to people affected by mental illness, including carers and family.

Tel: **0808 801 0525** • Email: **advice@rethink.org**

Web: **www.rethink.org**

Samaritans

Support and someone to talk to. Open 24 hours a day, every day.

Tel: **116 123** • Email: **jo@samaritans.org**

Web: **www.samaritans.org**

Sane

A UK mental health charity improving quality of life for people affected by mental illness.

Tel: **0300 304 7000** (4.00pm to 10.00pm).

Email: **support@sane.org.uk**

Web: **www.sane.org.uk**

Physical disability

If you have a physical disability or a long-term illness, organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of services to

help you live as independently as possible. There are also services available to support someone who may be your carer. See page 85 for more information and contact details.

Sensory services

If you are deaf, blind, sight impaired or deafblind, the Adult Deaf and Visual Impairment Service (ADVIS) in Nottinghamshire may be able to offer you advice and support.



Adult Deaf and Visual Impairment Service (ADVIS)

Provides specialist support to people with a sensory impairment. ADVIS has specialist workers who understand the impact of deafness, visual impairment or deafblindness and can communicate using British Sign Language (BSL).

Tel: **0300 500 8080** (Monday to Thursday, 8.30am to 5.00pm; and Friday, 8.30am to 4.30pm).

Text relay: **18001 0115 977 4050**

Relay UK: **www.relayuk.bt.com**

SignVideo: **www.signvideo.co.uk/sign-directory**

Web: **www.nottinghamshire.gov.uk** (search 'ADVIS').

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them. For further information, see the 'Useful local contacts' section on page 85.

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and

your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at **www.hospiceuk.org** (search 'How to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of

Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 87 for details of organisations that may be able to help you plan for the end of your life or your funeral.



Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 12 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to

work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly. Check with Adult Social Care for current rates.

For help with finding care homes and care homes with nursing in your area, visit www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home. For information on care homes for people living with dementia, see page 50.





ASHA
Healthcare

ASHA Healthcare is a family managed Care Provider, supporting vulnerable adults living with an array of nursing and complex mental health needs.

Our services are focused on ensuring that our clients health and wellbeing is maintained to the highest standard within a safe, relaxed, and homely environment where clients are empowered to make decisions about their care. Our team of clinicians, care givers and ancillary workers are driven to help make the lives of our clients as enjoyable as possible.

ASHFIELD NURSING HOME

Beech Avenue,
Kirkby- In Ashfield
Nottingham NG17 8BP
Tel: 01623 723724

FOREST MANOR

Mansfield Road,
Sutton- in Ashfield
Nottingham NG17 4HG
Tel: 01623 442999

ASHA Healthcare is due to open its doors to a new facility in Mansfield in 2024

FOR MORE INFORMATION PLEASE CONTACT US:

Tel : 01159 729465
Email: info@ashahealthcare.co.uk
Visit : www.ashahealthcare.co.uk

Outstanding in Caring ☆





MANSFIELD MANOR

NURSING HOME



A prestigious purpose built care home offering luxurious standards of accommodation and facilities, particularly for social services funded residents as well as private residents.

“ We cannot find words to thank you all for your extensive kindness, compassion and dedication given to our mum! ”



Distinctive features:

- Nursing, Residential and Dementia care
- CQC rated Good Quality of Care.
- Prestigious Gold Standards Framework Accreditation for End of Life care. The only care home to sustain it in Mansfield
- Band 5 (excellent) rating by Social Services inspectors
- Luxury ensuite bedrooms with large LED TVs
- Specially adapted showers and bathrooms
- Tranquil and safe beautiful gardens
- Town centre location (opposite Tesco Superstore)
- Highly trained staff including nurses
- Active daily proprietor involvement
- Excellent selection of home cooked meals
- Free internet available

Please call **01623 631163** for further information

E: info@mansfieldmanor.co.uk • www.mansfieldmanor.co.uk

30-32 Chesterfield Road South Mansfield Nottinghamshire NG19 7AD

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

- What is the minimum number of staff that are available at any time?
- Are staff respectful, friendly and polite?
- Do staff have formal training?
- Are the staff engaging with residents?

Activities

- Can you get involved in activities you enjoy?
- Is there an activities co-ordinator?
- Does the home organise any outings?
- Are residents escorted to appointments?
- Do the residents seem entertained?
- Does the home have a varied activities schedule?

Life in the home

- Is the home adapted to suit your needs?
- Can you bring your own furniture?
- Are there enough plug sockets in the rooms?
- Are there restrictions on going out?
- Is there public transport nearby?
- Does the home provide any transport?
- Can you make/receive calls privately?
- Can you decide when to get up and go to bed?
- Does the home allow pets?
- Does the home use Digital Care Planning accessible to families?

Personal preferences

- Is the home too hot/cold? Can you control the heating in your room?
- Is the décor to your taste?
- Are there restricted visiting hours?
- Is there somewhere you can go to be alone?
- Does the home feel welcoming?

Catering

- Can the home cater for any dietary requirements you may have?
- Does the menu change regularly?
- Can you eat when you like, even at night?
- Can you have food in your room?
- Is there a choice of food at mealtimes?
- Is alcohol available/allowed if you want it?
- Can visitors join you for meals?

Fees

- Do your fees cover all of the services and activities?
- Are fees likely to change regularly?
- Is the notice period for cancellation of the contract reasonable?
- Could you have a trial period?
- Can you keep your room if you go into hospital?
- Can you handle your own money?

*See page 55.

Clifton View Care Home

67 Widcombe Lane, Clifton, NG11 9GH
Purpose built 76 bed care home



- Specialising in residential and dementia care •
- Long and short - term stays available •
- Freshly cooked meals that truly promote choice of daily menu •
- Spacious bedrooms with en-suite shower rooms •
- 3 large lounges with kitchenettes •
- Day care available •
- Hair and beauty salon •

0115 984 2021

info@cliftonviewcarehome.com
www.cliftonviewcarehome.com

Connect House Care Home

8a Riber Crescent, Nottingham NG5 1LP
Purpose built 74 bed care home



- Specialising in nursing and residential care •
- Dementia Specialists •
- Long and short term stays available •
- Daily activities and games •
- Great choice of freshly cooked meals on a daily menu •
- Hair and beauty salon •
- 2 acres of beautiful gardens •
- On-site residents essentials shop •

0115 924 5467

info@connecthousecarehome.com
www.connecthousecarehome.com

Long Eaton Care Home

345 Tamworth Road, Long Eaton NG10 3LU
BRAND NEW Purpose built 60 bed care home



- Specialising in residential and dementia care •
- Long and short - term stays available •
- En-suite shower rooms throughout •
- Contemporary décor •
- Spectacular views of Erewash Canal •
- Freshly cooked meals served in stunning dining rooms •
- Hair and beauty salon •

0115 704 3124

info@longeatonviewcarehome.com
www.longeatonviewcarehome.com

Wilford View Care Home

1a Brookthorpe Way, Silverdale NG11 7FB
Purpose built 83 bed care home



- Specialising in residential and dementia care •
- Long and short - term stays available •
- Spacious bedrooms with en-suite shower rooms •
- Contemporary décor •
- Beautiful landscaped garden •
- Freshly cooked meals served in fabulous dining rooms •
- Hair and beauty salon •
- Cinema room •

0115 704 3131

info@wilfordviewcarehome.com
www.wilfordviewcarehome.com

Wollaton Park Care Home

2a Lambourne Drive, Wollaton, NG8 1GR
Purpose built 39 bed care home



- Adjacent to the popular Wollaton Park •
- Specialising in residential and dementia care •
- Daily activities, games and quizzes •
- Recently decorated throughout •
- Large rear garden •
- Freshly cooked meals on a daily menu •
- Dentist, optician and chiropodist available •
- Mobile hair and beauty •

0115 928 3030

info@wollatonparkcarehome.com
www.wollatonparkcarehome.com

Wollaton View Care Home

21 Lambourne Drive, Wollaton, NG8 1GR
Purpose built 46 bed care home



- Specialising in residential and dementia care •
- En-suite bedrooms •
- Adjacent to Wollaton Park •
- Recently decorated throughout •
- Freshly cooked meals on a daily menu •
- Dentist, optician and chiropodist available •
- Hair and beauty salon •

0115 928 9119

info@wollatonviewcarehome.com
www.wollatonviewcarehome.com

Stapleford View Care Home

Toton Lane, Stapleford, NG9
Purpose built 78 bed care home
En-suite bedrooms
Latest facilities



**DEVELOPMENT STARTED
OPENING JANUARY 2024**

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 47. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

- Are there clear signs throughout the home?
- Has the home been designed or adapted for people with dementia?
- Are the home and grounds secure?
- Are there prompts outside the residents' rooms to help people identify their own?
- Is the décor familiar to your loved one?

Choices

- Do residents get a choice in terms of what they wear each day?
- Are residents encouraged to be independent?
- Can residents decide what to do each day?
- Can residents have a say in the décor of their room?

Activities

- Are residents able to join in with household tasks like folding washing?
- Are there activities on each day?
- Can residents walk around outside on their own?
- Are residents sitting in front of the TV or are they active and engaged?
- Are there rummage boxes around?

Health

- Can residents get help with eating and drinking?
- How often does the home review residents' medication?
- Does the home offer help if a resident needs assistance taking medication?
- Do GPs visit the home regularly?

Staff

- Are staff trained to identify when a resident might be unwell?
- Are staff trained to spot when someone needs to go to the toilet?
- Do the staff have any dementia-specific training/experience?
- Will your loved one have a member of staff specifically responsible for their care?

Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy?
- Will the home keep you informed about changes to your loved one's care?
- Does the home have a specific approach to end of life care?
- Does the home keep up to date with best practice in dementia care?

*See page 55.

Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 53 and 43 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes, and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude

and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 49.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of navigating around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask about the Dementia Friends Ambassador and, if the home does not have a specific dementia lead, ask whether staff have the necessary experience to support someone to live well with dementia.

Paying for care

Care funded by the council

You will need to have a financial assessment to see whether the council can help you with the costs and to see how much you are able to afford. The amount of financial assistance you may receive will depend

on your needs and your financial circumstances.

Visit www.nottinghamshire.gov.uk (search 'Paying for care') for more information.

Paying for your own residential care

Self-funding

If you are self-funding your care because you are not eligible for local authority funding, there are other forms of financial assistance you may be entitled to. Visit www.nottinghamshire.gov.uk (search 'Paying for a care home') to find out more.

Will the local authority pay my fees while I am selling my former home?

If, apart from your property, your other capital is below £23,250, the local authority may help with the costs during the first 12 weeks of permanent care. Beyond that period, any financial help will →



Your care matters

with Barchester

**Everyone deserves uncompromising care.
That's the passionate belief of the experts
in our care homes.**

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

**These are the things that mean the most.
And because they matter to you, they matter to us.**



BARCHESTER
in Nottinghamshire

barchester.com/Notts

Call to arrange a visit or to find out how we can help:

Forest Care Home

Southwell Road West, Mansfield, NG18 4XX
01623 541 694

Forest Hill Care Home

Forest Hill Park, Worksop, S81 0NZ
01909 521 249

Hall Park Care Home

Squires Avenue, Bulwell, NG6 8GH
0115 676 2931

Lancaster Grange Care Home

Cross Lane, Fernwood, NG24 3NH
01636 880 755

Maple Leaf Lodge Care Home

37 Beacon Lane, Grantham, NG31 9DN
01476 452 825

Residential care • Nursing care • Dementia care • Respite care and short breaks
Hair & beauty salon • En-suite bedrooms • Landscaped gardens • Café

→ be charged against the value of your former home and recovered from the eventual sale proceeds. For more information on selling your home to pay for residential care, visit www.nottinghamshire.gov.uk (search 'Universal deferred payments scheme').

Do I have to pay Council Tax on an empty property?

If you move into a care home and your property is left empty, you should receive full exemption from Council Tax until it's sold.

Is there any financial help that is not means tested?

Attendance Allowance is a non-means-tested, non-taxable allowance, paid at different rates for those needing care by day or by day and night.

Whether your stay is temporary or permanent, if you receive nursing care in a care home you may be entitled to NHS Registered Nursing Care Contribution (RNCC), sometimes called Funded Nursing Care, towards the cost of your nursing care. This is paid directly to the home towards your nursing needs. If your needs are primarily healthcare related, you may be entitled to full funding from your local integrated care board following an assessment under its Continuing Healthcare eligibility criteria. See 'NHS Continuing Healthcare' on page 14 for more information.

What happens if I move into a care home independently and run out of money?

If there is a likelihood that you will run out of money,

it's important that you arrange an assessment of your care needs with Nottinghamshire County Council to ensure it is aware of your situation in advance of it happening. Also check if the care home can continue to accommodate you at the local authority's funding rates or whether you will require a third party top-up or to move to a different home.

Visit www.nottinghamshire.gov.uk (search 'Paying for care') for more information on what to do if you are worried about running out of money.

What can I do to avoid this situation?

There are ways of meeting care costs for as long as you need care whilst using up only part of your capital. The important thing is not to try to do it alone – always seek professional advice. For more details, visit www.nottinghamshire.gov.uk (search 'Financial advice and support').

Contact **Money Helper** at www.moneyhelper.org.uk or call **0800 138 7777**.

Or, to find an independent financial adviser, contact the **Society of Later Life Advisers**.

Tel: **0333 202 0454**

Email: admin@societyoflaterlifeadvisers.co.uk

Web: www.societyoflaterlifeadvisers.co.uk

Figures mentioned here may change over the lifetime of this Directory.

Contractual relationship with a home

Before you sign any contract with a care home, the home should give you written details of all the charges it intends to make in its 'Statement of Purpose' document. If there is anything that is not

clear or which you do not understand, you should seek professional advice. If you are seeking financial support from the local authority, they will have the contractual relationship with the home on your behalf.

Third party payments

If you are eligible for local authority support and the home you choose costs more than the rate the local authority usually pays for someone with your needs, you will have the choice to ask someone else to make an additional payment.

If there is no one available to supply the extra payment, you can ask the local authority to find you

another placement at the rate it would normally expect to pay. If, however, you do decide to live in the more expensive home and you have someone who is able to make an additional payment for you, they will have to pay the difference between the local authority rate and the amount the home charges. This additional payment is often referred to as a 'top-up' or 'third party contribution'.

The law says that you are not allowed to make this additional payment yourself, except in limited circumstances. Therefore, in the main, the additional payment has to be made by someone else, for example, a family member or charity.

Before anyone agrees to make additional payments on your behalf, they should be aware that the amount could change, usually increase, once a year and they need to be confident that they can sustain the payments for as long as they are required. If the additional payments stop being paid for any reason, then you should seek help and advice via Nottinghamshire County Council.

The person who will make the payment on your behalf must sign a contract with the local council before any contract with the home is signed. In doing so, the person must confirm that they have the financial means to make the third party payments (including any future increases) for the

whole time you will live at the care home. If they are unable to maintain the payments and there is nobody else able to meet this cost, you may have to move to a cheaper home within the local authority's funding levels.

If you are already a resident in a care home, and no third party agreement was required at the time you became a resident, the home may seek to introduce a third party payment at a later date, which would need to be agreed first with the local authority. Also, if a change to your arrangements is made at your request or with your agreement, for example you move to a nicer room, then an additional third party payment can become due.

For more information on paying for care, visit www.nottinghamshire.gov.uk (search 'Paying for care'), where you will find links to a series of online factsheets.

Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers, as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be

sent to you by email. They can also be saved and emailed to others. The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 55), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit www.carechoices.co.uk

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare

and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and

financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk**

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made. If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see page 55 for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed

to a home care service, another option is to complain to your social worker/care manager or the department's designated complaints manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask them to assist you. The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.



Inspecting and regulating care services



Health and social care services must be registered to show

that they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (www.cqc.org.uk). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information

to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit www.cqc.org.uk/share

CQC assurance

A new CQC assurance process for adult social care functions is being launched. The CQC will visit local authorities to assess their processes. Local authorities in England could be visited any time from April 2023 to assess how they are making a difference to people's lives.

The CQC assessment

A key part of the updated CQC assessment is how local authorities place people's experiences at the heart of their decisions, and they should expect to be assessed across the following themes:

- working with people;
- providing support;
- ensuring safety; and
- leadership.

For more information, visit www.cqc.org.uk/news/our-approach-assessing-local-authorities

Tel: **0300 061 6161**

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends or family members, or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions.

You should seek further advice before making your decision. For help finding care providers in Nottinghamshire and other regions, visit www.carechoices.co.uk with details of your needs.



Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call Adult Social Care on **0300 500 8080** or complete the online form at **www.nottinghamshire.gov.uk/care/safeguarding/reporting-abuse/** Your concerns will be taken seriously and will receive prompt attention, advice and support. In an emergency outside office hours, contact the Emergency Duty Team on **0300 456 4546**.

If the abuse is also a crime, such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, Adult Social Care will work with them to support you.

If you are worried about contacting the police, you can contact Adult Social Care to talk things over first. If immediate action is needed, dial 999.

You can also:

- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or currently working with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/db**

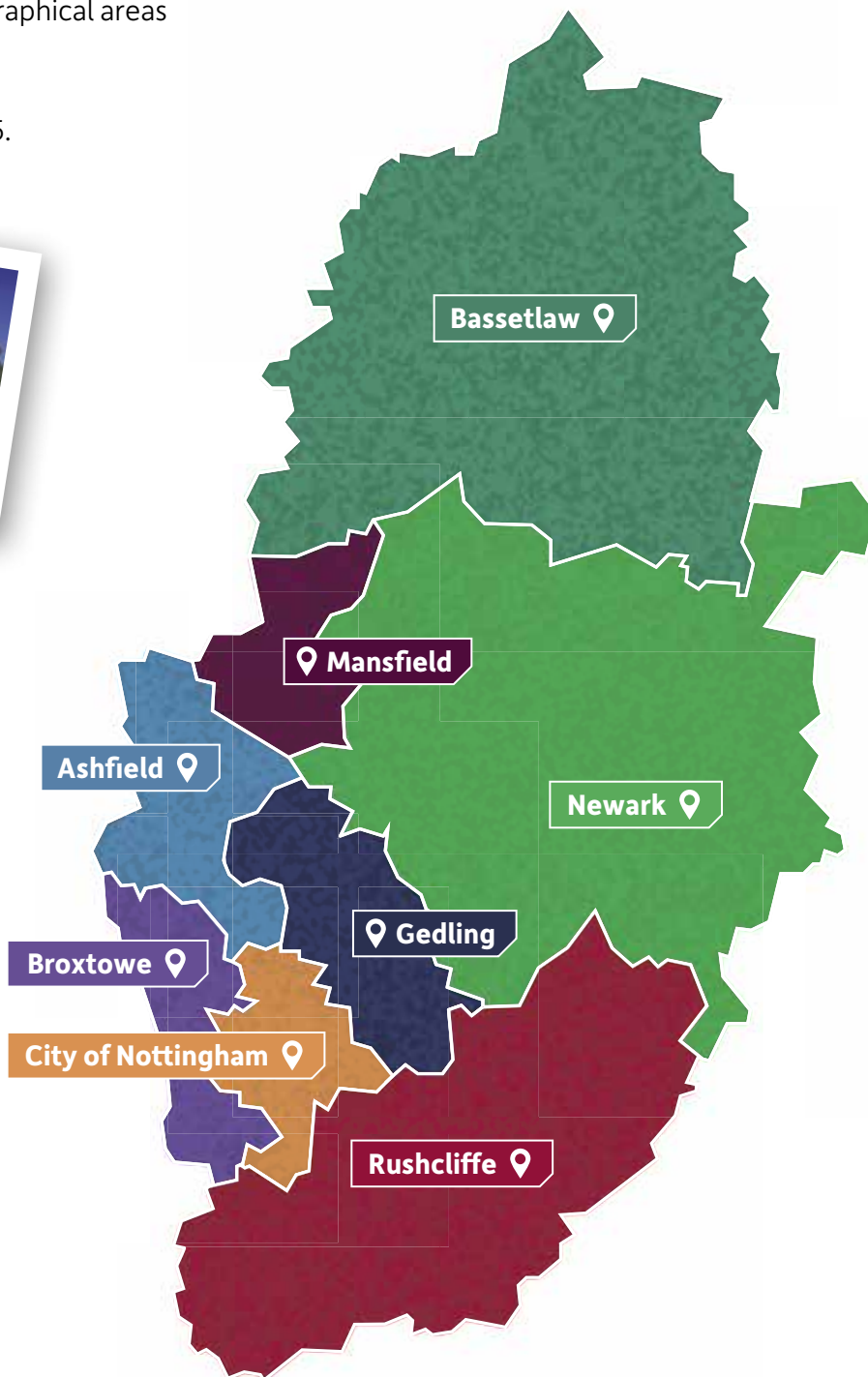
Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges, including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.

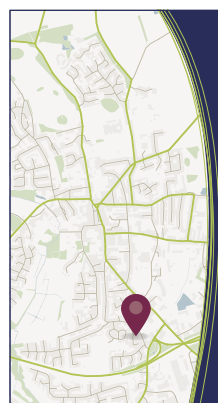
Residential care in Nottinghamshire

This Directory is divided into the geographical areas listed on this map.

Home care providers begin on page 25.



Ashfield	59
Bassetlaw	64
Broxtowe	66
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Newark	74
Nottingham City	76
Rushcliffe	81



Search for care in your area

CareChoices

www.carechoices.co.uk



With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Fulfilling lives and empowering minds in **award-winning care homes**



Nursing care | Dementia care | Residential care | Respite care



- ✓ In-house team of qualified nurses
- ✓ Dementia Quality Mark from NCC
- ✓ Innovative Montessori approach to dementia care
- ✓ Daily engaging activities

"I have found the level of care shown to my wife to be of an exceptionally high level. The food is of high quality, along with the cleanliness. They provide a well organised run care home with very friendly control procedures to all employees."



0115 968 0706 | hazelgrove@milfordcare.co.uk | Farleys Lane, Hucknall, NG15 6DY



Dementia care | Long-term care | Residential care | Respite care



- ✓ Expertly designed dementia care environment
- ✓ Bowling lawn, indoor pub and beer garden
- ✓ Sensory gardens, allotment and chickens
- ✓ Reminiscence lounge, library, snug, nursery and sweet shop



"The staff and management team have helped me and my family through all stages. I went to three different care homes before here, but this is by far the best. The staff are very attentive to not just my father's needs but to all residents. Five-star review."



0115 968 0900 | buddleiahouse@milfordcare.co.uk | Croft Avenue, Hucknall, NG15 7JD

Milford Care prides itself on offering high quality facilities coupled with fantastic care and encouragement for residents to feel they have a role to play. In our uniquely designed and supportive environments, your loved one can find purpose and joy each day with caring people around them.



We would be more than happy to chat about your loved ones needs. For general enquiries, email us on enquiries@milfordcare.co.uk

Adams House

Willowbridge Lane, Sutton-in-Ashfield NG17 1DS
Tel: 01623 559009

LDA YA

Aldercar Residential Care Home

36 Wood Lane, Hucknall, Nottingham NG15 6LR
Tel: 0115 963 7797

OP

Amber View Care Home

35 Wagstaff Lane, Jacksdale,
Nottingham NG16 5JL
Tel: 01773 776096

OP D PD MH YA

Annesley Lodge Care Home

Annesley Road, Hucknall, Nottingham NG15 8AY
Tel: 0115 871 8827 **Advert below**

OP D YA

Ashland Road West, 134

Sutton-in-Ashfield NG17 2HS
Tel: 01623 516641

OP LDA YA

Autism Support and Care

Jubilee Court, 1 Jubilee Road,
Sutton-in-Ashfield NG17 2DB
Tel: 01623 212090

LDA MH YA

Beech Court Care Home

52 Church Lane, Selston, Nottingham NG16 6EW
Tel: 01773 581450

OP D PD SI YA

Belmont Road

87 Belmont Road, Kirkby-in-Ashfield,
Nottingham NG17 9DY
Tel: 01623 754191

LDA

Blackwell Road

156e Blackwell Road, Huthwaite NG17 2RF
Tel: 01623 554038

LDA MH YA

Broadoak Park

Nuncargate Road, Kirkby-in-Ashfield,
Nottingham NG17 9DS
Tel: 01623 721924

OP LDA YA

Buddleia House Care Home

Croft Avenue, Hucknall, Nottingham NG15 7JD
Tel: 0115 968 0900 **Advert page 58**

OP D PD YA

Cherry Tree House

201 Park Hall Road, Mansfield, Nottingham NG19 8QX
Tel: 07825 300368

LDA YA



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Annesley Lodge care home,
Annesley Road, Hucknall, Nottingham, NG15 8AY
Call 0115 871 8827 Visit www.anchor.org.uk/AnnesleyLodge

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Tell us what you think



- ⦿ What have you found useful?
- ⦿ What could we do better?

Share your feedback

Take our five minute survey

www.carechoices.co.uk/reader-survey

CIMA Huthwaite

148 Main Street, Huthwaite,
Sutton-in-Ashfield NG17 2LG
Tel: 01623 554455

PD LDA MH SI YA

Clipstone Hall & Lodge

Mansfield Road, Clipstone Village, Mansfield,
Nottinghamshire NG21 9FL
Tel: 01623 636350

OP D

Elmleigh Homes Ltd

Elmleigh House, 133 Vernon Road,
Kirkby-in-Ashfield, Nottingham NG17 8ED
Tel: 01623 753837

LDA

Enablement Care

Brook Street, Sutton-in-Ashfield NG17 1ES
Tel: 01623 397750

OP D PD MH YA

Fieldings, The

Huthwaite Road, Sutton-in-Ashfield NG17 2GS
Tel: 01623 551992

OP D PD MH YA AD

Five Gables Care Home

113 Victoria Road, Kirkby-in-Ashfield,
Nottingham NG17 8AQ
Tel: 01623 752512

OP D PD SI

Harrier House Care Home

Hurricane Road, Hucknall, Nottingham NG15 6WN
Tel: 01455 274273

OP D PD MH SI YA

Hollies, The

20 Alfreton Road, Sutton-in-Ashfield NG17 1FW
Tel: 01623 512850

OP D LDA MH YA

Hucknall and Watnall

Lancaster Road, Hucknall, Nottingham NG15 6WG
Tel: 0115 963 0707

PD LDA MH SI YA

Hucknall Hope Lea Project

11-13 Annesley Road, Hucknall,
Nottingham NG15 7AD
Tel: 0115 953 8385

LDA

Kingfisher Court

Kingfisher Way, off Coxmoor Road,
Sutton-in-Ashfield NG17 4BR
Tel: 01623 440325 **Advert page 59**

OP D

Larwood House

1 Edison Street, Kirkby-in-Ashfield,
Nottingham NG17 9EP
Tel: 01623 752936

OP PD LDA MH YA

Loxley Lodge Care Home

School Street, Kirkby-in-Ashfield,
Nottingham NG17 7BT
Tel: 01623 757475

OP D PD MH YA

Moorgreen

Lancaster Road, Hucknall, Nottingham NG15 6WG
Tel: 0115 963 2374

LDA MH YA

Orchard Care Home, The

10 Papplewick Lane, Hucknall,
Nottingham NG15 7TJ
Tel: 0115 952 7102

OP D PD LDA MH SI YA

Orchard Street, 2-8

Hucknall, Nottingham NG15 7JX
Tel: 0115 968 0525

OP LDA MH YA

Quinton House

2 The Hill, Kirkby-in-Ashfield, Nottingham NG17 8JR
Tel: 01623 723321

LDA

Richmond Lodge

Off 35a Road, Kirkby-in-Ashfield,
Nottingham NG17 7PR
Tel: 01623 750620

PD LDA MH YA

Shortwood House

145 Beardall Street, Hucknall, Nottingham NG15 7HA
Tel: 0115 952 0950

OP D

Spring Bank

52 Cordy Lane, Brinsley, Nottinghamshire NG16 5BY
Tel: 01773 765766

LDA MH YA

St Claire's Care Centre

38 Chesterfield Road South,
Mansfield NG19 7AD
Tel: 01623 880192

OP D PD MH SI YA

Stoneyford Care Home

Stoneyford Road, Sutton-in-Ashfield NG17 2DR
Tel: 01623 441329

OP D PD YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Exceptional Care for Loved Ones

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Our three Residential Care Homes in Nottinghamshire make up the Ashmere Care Centre which features:

- Single and double en-suite bedrooms with emergency call buttons
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- Full time activity co-ordinators
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- On site Pub and Tea room for families and residents
- Specialist dementia unit • Private visitors lounge
- Plenty of visitor parking • Front, rear and courtyard gardens

Why Choose Ashmere Notts?

We have won numerous awards which demonstrate our top quality homes and staff. However, we never rest on our laurels and as such, we are constantly looking for ways to improve. We work alongside our residents and their families to ensure a unified approach in aspiring to have the best care homes in Nottinghamshire.

Ashmere Notts Ltd

Priestsic Road, Sutton in Ashfield NG17 2AH

T: 01623 441130

E: enquiries@ashmerenotts.co.uk

www.ashmerenotts.co.uk



Sutton Court

Priestsic Road, Sutton-in-Ashfield NG17 2AH
Tel: 01623 441130 **Advert page 62** OP D PD SI YA

Sutton House

57 Kirkby Road, Sutton-in-Ashfield NG17 1GG
Tel: 01623 555900 LDA

Sutton Lodge

Priestsic Road, Sutton-in-Ashfield NG17 2AH
Tel: 01623 442073 **Advert page 62** OP D PD SI YA

Sutton Manor

Priestsic Road, Sutton-in-Ashfield NG17 2AH
Tel: 01623 441130 **Advert page 62** OP D PD SI YA

Taylor View and Gilbert Lodge

220 Watnall Road, Hucknall, Nottingham NG15 6EY
Tel: 0115 963 6379 OP LDA MH YA

West Hill, 41

Skegby, Sutton-in-Ashfield NG17 3EP
Tel: 01623 443997 LDA YA

Willis Lodge Care Home

St. Thomas' Avenue, Kirkby-in-Ashfield,
Nottingham NG17 7DX
Tel: 01623 397244 OP D MH SI YA AD

**For information on different types of care homes,
see page 44.**

Ashfield care homes with nursing**Ashcroft Care Home**

Langton Road, Sutton-in-Ashfield, Mansfield NG17 1ER
Tel: 01623 444780 OP D

Ashfield Nursing Home

Beech Avenue, Kirkby-in-Ashfield,
Nottingham NG17 8BP
Tel: 01623 723724 **Advert page 45** OP D MH

Beaumont House

168 Beardall Street, Hucknall, Nottingham NG15 7JU
Tel: 0115 671 8883 OP D PD MH SI YA

Eastlands

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528960 OP D PD MH YA

Forest Manor Care Home

Mansfield Road, Sutton-in-Ashfield NG17 4HG
Tel: 01623 442999 **Advert page 45** OP D PD MH SI YA

Hazelgrove Care Home

Farley's Lane, Hucknall, Nottingham NG15 6DY
Tel: 0115 968 0706 **Advert page 58** OP D PD

Jubilee Court

Nabbs Lane, Hucknall, Nottingham NG15 6HB
Tel: 0115 983 4630 OP D PD SI YA

Lawn Park Care Home

Lucknow Drive, Sutton-in-Ashfield NG17 4LS
Tel: 01623 515340 OP PD

Lowmoor Care Home

Lowmoor Road, Kirkby-in-Ashfield,
Nottingham NG17 7JE
Tel: 01623 752288 OP D MH YA

Meadowcroft Health Care Ltd

Kingfisher Way,
Sutton-in-Ashfield NG17 4BR
Tel: 01623 528964 OP PD MH YA

Millington Springs

160 Portland Road, Selston,
Nottingham NG16 6AN
Tel: 01773 863557 OP D YA

Nottingham Neurodisability Service Hucknall

Hankin Street, Hucknall NG15 7RR
Tel: 0115 968 0202 OP PD SI YA

Pathways Health Care Ltd

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528966 OP LDA YA

Willowcroft Care Home

New Street, Sutton-in-Ashfield NG17 1BW
Tel: 01623 703320 OP D MH YA

Wren Hall Nursing Home

234 Nottingham Road, Selston,
Nottingham NG16 6AB
Tel: 01773 581203 OP D PD MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Bassetlaw care homes

Advertisers are highlighted

Barnby Court Care Home

Barnby Moor, Retford DN22 8QS
Tel: 01777 705902

OP D YA

Iedale

London Road, Retford DN22 7JG
Tel: 01909 506678

LDA YA

Beech House Care Home

292-294 Carlton Road, Worksop S81 7LL
Tel: 01909 472149

OP D

Mason House

6 Bracken Lane, Retford,
Nottingham DN22 7EU
Tel: 01777 719720

LDA MH YA

Beeches

Retford Road, South Leverton,
Retford DN22 0BY
Tel: 01427 807630

OP LDA SI YA

Oakwell House

6 Church Lane, Hayton,
Retford DN22 9LD
Tel: 07909 188603

LDA MH YA

Brailsford House

1 Main Street, Harworth, Doncaster DN11 8LE
Tel: 01302 742156

OP D

Old Red Lion, The

Town Street, Treswell, Retford DN22 0EJ
Tel: 01777 248877

LDA MH SI YA

Branthwaite Care Home

34 Welham Road, Retford DN22 6TN
Tel: 01777 706720

OP D MH

Old Vicarage Care Home, The

Newcastle Avenue, Worksop S80 1NJ
Tel: 01909 475521

OP

Breagha House

40 Main Street, Hayton, Retford DN22 9LL
Tel: 01777 705713

LDA YA

Orchard End

88 Welham Road, Retford, DN22 6UG
Tel: 01777 701102

LDA YA

Carlton Road

181-183 Carlton Road, Worksop S81 7AD
Tel: 01909 473831

LDA

Farthings Residential Care Home

Old London Road, Retford DN22 8ED
Tel: 01777 838219

OP D PD MH SI YA

Glenesk Care Home

Queen Street, The Crescent, Retford DN22 7BX
Tel: 01777 702339

OP D YA

Holles Street Short Breaks Service

Holles Street, Worksop S80 2LJ
Tel: 01909 535220

OP D PD LDA YA

Hollies Residential Home, The

19-23 London Road, Retford DN22 6AT
Tel: 01777 707750

OP D

Langold View

Harrison Drive Langold, Worksop S81 9RL
Tel: 01909 769129

PD LDA MH YA

Langwith Lodge Care Home

The Park, Nether Langwith, Mansfield NG20 9ES
Tel: 01623 742204 **Advert adjacent**

OP D YA



Langwith Lodge Residential Home is a striking period property located within secluded parkland, bordered by woodlands and a fishing lake. The home comprises the main residential home and Lake View, which specialises in the care of people with dementia.

Our passionate staff members are dedicated to providing a warm, secure and happy environment, within which dignity and independence are respected at all times. We are so very proud of our home, and the standard of care that all of our residents receive. We look forward to welcoming you into our family.




Come and visit us at the home, and see for yourself. Please call for further details:

01623 742204
www.yourhealthgroup.co.uk
 The Park, Nether Langwith, Mansfield,
 Nottingham, Nottinghamshire NG20 9ES

Bassetlaw care homes continued

Redbank House

Town Street, South Leverton, Retford DN22 0BT
Tel: 01427 880716

LDA YA

Rivers

Blyth Road, Oldcotes, Worksop S81 8HU
Tel: 01909 731429

LDA MH YA

Rose Farm

Main Street, Styrrup, Doncaster DN11 8NB
Tel: 01302 744664

OP D YA

Rosekeys

Gringley on the Hill, Gainsborough Road, Gringley,
Doncaster DN10 4RJ
Tel: 01777 816923

OP LDA YA

South Moor Lodge Care Home

South Moor Road, Walkeringham, Doncaster DN10 4LD
Tel: 01427 891204

OP D

St Saviours Care Home

5 Lidget Lane, Retford DN22 6QW
Tel: 01777 703040

OP D YA

Tigh Fruin

40a Main Street, Hayton, Retford DN22 9LL
Tel: 01777 710679

LDA YA

Westwood

Talbot Road, Worksop S80 2PG
Tel: 01909 533690

OP D PD SI YA

Whitegates Respite

White Gates, Sparken Hill,
Worksop S80 1AP
Tel: 0203 302 2026

LDA

See the checklist on page 47 for questions to ask when looking at care homes.

Bassetlaw care homes with nursing

Advertisers are highlighted

Ashley Care Centre

Sunnyside, Worksop S81 7LN
Tel: 01909 500541

OP D PD MH YA

Blyth Country House Care Home

Spital House, Spital Road, Blyth,
Worksop S81 8DU
Tel: 01909 212137

OP

Cherry Holt Care Home

28 Welham Road, Retford DN22 6TN
Tel: 01777 710347

OP PD YA

Forest Hill

Forest Hill Park, Worksop S81 0NZ
Tel: 01909 521 249 **Advert page 51**

OP D MH YA

Gateford Hill Care Home

Gateford Hill, Gateford, Worksop S81 8AF
Tel: 01909 475402

OP D PD

Greenacres Grange

Greenacres Park, Wingfield Avenue,
Worksop S81 0TA
Tel: 01909 279045

OP YA D PD SI

Jubilee Court Nursing Home

Gateford Road, Worksop S81 7BH
Tel: 01909 530233

OP D PD SI YA

Lound Hall

Town Street, Lound,
Retford DN22 8RS
Tel: 01777 818082

OP D PD MH

Rose Meadow

119 Station Road, Misterton,
Doncaster DN10 4DG
Tel: 01427 891190

OP LDA YA

Victoria Care Home

Memorial Avenue, Worksop S80 2BJ
Tel: 01909 476416

OP D YA

Westvilla Nursing Home

Westfield Road, Retford DN22 7BT
Tel: 01777 701636

OP

Westwood

Talbot Road, Worksop S80 2PG
Tel: 01909 533690

OP D PD SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Acer Court Care Home

172 Nottingham Road, Nuthall NG8 6AX
Tel: 0115 895 6248 **Advert below**

OP D PD

Church Street Care Home

84 Church Street, Eastwood NG16 3HS
Tel: 01773 765494

OP LDA YA

Alder House Care Home

172a Nottingham Road, Nuthall,
Nottingham NG8 6AX
Tel: 0115 895 9898

Advert below
OP D PD MH SI YA

Dovecote

35 Dovecote Lane, Beeston,
Nottingham NG9 1HR
Tel: 0115 838 6624

MH YA

Ashton Court Residential Home

56 Three Tuns Road, Eastwood,
Nottingham NG16 3EJ
Tel: 01773 712017

OP D PD MH

Eastwood House

24 Church Street, Eastwood,
Nottingham NG16 3HS
Tel: 01773 712003

OP D

Bramwell

Chillwell Lane, Bramcote, Nottingham NG9 3DU
Tel: 0115 967 7571

OP D PD LDA SI

Edward House

175 Nottingham Road, Eastwood NG16 3GS
Tel: 01773 531591

OP D

Chetwynd House

Slade Road, Chilwell, Nottingham NG9 4GS
Tel: 0115 697 9767

OP D PD MH SI YA

Falcon House Care Home

2 Middle Street, Beeston, Nottingham NG9 1FX
Tel: 0115 922 8151

OP D



Live Safe & Well

Avery Healthcare offers a safe and supportive environment where residents can flourish, make new friends, maintain contact with their local communities and live a life of possibility.

- Residential, dementia and respite care
- Nutritionally balanced seasonal menus
- Spacious, beautifully decorated bedrooms
- Stimulating schedule of daily activities and entertainment
- Highly trained staff teams

Acer Court
172 Nottingham Road
Nuthall | NG8 6AX
☎ 0115 895 6248

Alder House
172A Nottingham Road
Nuthall | NG8 6AX
☎ 0115 895 9898

averyhealthcare.co.uk



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Broxtowe care homes continued

Herons, The

Calverton Close, Toton, Nottingham NG9 6GY
Tel: 0115 946 0007

OP D

Lawrence Mews

132 Church Street, Eastwood, Nottingham NG16 3HT
Tel: 01773 760849

OP PD LDA MH YA

Little Acres

5 Spencer Drive, Nuthall, Nottingham NG16 1DQ
Tel: 0115 938 2236

OP LDA YA

McMorrow House

198 Station Road, Beeston, Nottingham NG9 2AY
Tel: 07539 875485

MH YA

Meadow Lodge

21-23 Meadow Road, Beeston, Nottingham NG9 1JP
Tel: 0115 922 8406

OP D

Queenswood

Cliffgrove Avenue, Beeston, Nottingham NG9 4DP
Tel: 0115 922 1037

OP

Rookery Care Home, The

130 Church Street, Eastwood,
Nottingham NG16 3HT
Tel: 01773 713176

OP D PD YA

Ryland Residential Home

9-11 Meadow Road, Beeston,
Nottingham NG9 1JN
Tel: 0115 943 6247

OP D PD

University Care

17 Derby Road, Beeston,
Nottingham NG9 2TA
Tel: 0115 875 8568

D PD LDA MH SI YA

University Care 2

53 Derby Road, Beeston, Nottingham NG9 2TB
Tel: 0115 916 8573

LDA MH YA

University Care 3

10 Derby Road, Bramcote, Nottingham NG9 3BA
Tel: 07861 372769

LDA MH YA

Broxtowe care homes with nursing

Alexandra House – Eastwood

Wroughton Court, Nottingham Road,
Eastwood NG16 3GP
Tel: 01773 530749

OP YA

Bramcote Hills Care Home

36 Sandringham Drive, Bramcote,
Nottingham NG9 3EJ
Tel: 0115 922 1414

OP D MH

Broadgate Care Home

108-114 Broadgate, Beeston, Nottingham NG9 2GG
Tel: 0115 925 0022

OP D YA

Devonshire Avenue, 1

Beeston, Nottingham NG9 1BS
Tel: 0115 925 5422

PD LDA SI YA

GHC Nursing Home

472 Nottingham Road, Giltbrook,
Nottingham NG16 2GE
Tel: 0115 938 3535

OP D PD

Goodman House

19 Chilwel Road, Beeston,
Nottinghamshire NG9 1EH
Tel: 07876 681144

OP D PD MH YA

Landermeads Care Home

265 High Road, Chilwell, Beeston,
Nottingham NG9 5DD
Tel: 0115 968 3888

OP D PD LDA MH YA

Moorlands Care Home

104 Church Lane, Brinsley NG16 5AB
Tel: 01773 781381

OP D PD SI

Silverwood (Nottingham)

Imperial Road, Beeston,
Nottingham NG9 1FN
Tel: 0115 925 3699

OP D PD LDA YA

For information on different types of care homes,
see page 44.

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

ideal carehomes

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Newark
NG24 4DF

01636 605 528



Coppice Lodge

Arnold
NG5 7GS

0115 920 5906



Fairway View

Bulwell
NG6 9LZ

0115 975 8770



Kings Court

Middlebeck
NG24 3XB

01636 233 109



Rivendell View

Stoke Bardolph
NG14 5HH

0115 666 9660



Ideal Carehomes
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Arnold

Redhill Farm, Bestwood Lodge Drive, Arnold,
Nottingham NG5 8NE
Tel: 0115 967 9619

LDA MH

Braywood Gardens

Millbrook Drive, Carlton,
Nottingham NG4 3SR
Tel: 0115 938 1300

OP D PD SI YA

Bridle Lodge

80 Bridle Road, Burton Joyce, Nottingham NG14 5FS
Tel: 0115 931 3851

LDA YA

Byron Court

154-156 Oxclose Lane, Arnold, Nottingham NG5 6FF
Tel: 0115 684919

PD LDA MH SI

Camellia House

109 Main Street, Calverton, Nottingham NG14 6FG
Tel: 0115 845 8876

OP

Care @ Rainbow's End

Bosworth Farm, Main Street, Shelford,
Nottingham NG12 1EE
Tel: 0115 933 2878

LDA YA

Coppice Lodge

117 Coppice Road, Arnold, Nottingham NG5 7GS
Tel: 0115 920 5906 **Advert page 68**

OP D

Eden Lodge Residential Care Home

Park Road, Bestwood Village,
Nottingham NG6 8TQ
Tel: 0115 977 0700

OP D PD MH SI YA

Gedling Village Care Home

73 Arnold Lane, Gedling, Nottingham NG4 4HA
Tel: 0115 987 7330

OP D PD YA

Hawthorne Nursing Home

School Walk, Bestwood Village,
Nottingham NG6 8UU
Tel: 0115 977 0331

OP D YA

Loreto Cottage

Mapperley Plains, Nottingham NG3 5RT
Tel: 0115 926 9357

LDA

Manor Residential Home (Arnold) Ltd

28 Church Street, Arnold, Nottingham NG5 8FB
Tel: 0115 953 5577

OP

Moriah House Care Home

Deep Furrow Avenue, Carlton, Nottingham NG4 1RS
Tel: 0115 911 0078

OP D PD

Nelson House

34 Nelson Road, Daybrook, Nottingham NG5 6JE
Tel: 07961 462377

OP LDA MH YA

Nottingham Care Village Ltd

168 Spring Lane, Lambley, Nottingham NG4 4PE
Tel: 0115 920 9328

OP D YA

Oakleigh Lodge

4 Oakleigh Avenue, Nottingham NG3 6GA
Tel: 0115 960 2383

OP PD LDA SI YA

Orla House

317 Mapperley Plains, Nottingham NG3 5RG
Tel: 0115 920 3754

LDA

Rivendell View

Magneta Way, Stoke Bardolph, Burton Joyce,
Nottingham NG14 5HH
Tel: 0115 666 9660 **Advert page 68**

OP D MH YA

Sheepwalk House

39 Sheepwalk Lane, Ravenshead,
Nottingham NG15 9FD
Tel: 01623 797074

LDA YA

Sherwood House

Main Street, Linby, Nottingham NG15 8AE
Tel: 0115 964 2721

OP D PD MH SI YA

Spinnies, The

Linby Lane, Linby, Nottingham NG15 8AF
Tel: 0115 963 1844

LDA YA

Westwolds

4 Park Avenue, Burton Joyce, Nottingham NG14 5AF
Tel: 0115 931 3659

OP D

Willow Brook Care Home

112 Burton Road, Carlton, Nottingham NG4 3BG
Tel: 0115 961 3399

OP D YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Expert care when it matters most

Albemarle Hall Tel: 0115 960 7339



4 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Choice of single/companion room
- Small and large lounge
- Large dining room with high cuisine standards
- Extra wide corridors
- Parker bath with shower and assisted baths
- New large conservatory which is enjoyed by all the residents
- Secluded garden and patio
- TV in every bedroom / Modern nurse call system
- Doctor, Chiropodist and Optician available
- Hairdressing and dental treatment
- Laundry facilities and passenger lift
- Specialised diets catered for
- Registered for Nursing and Dementia
- 28 beds with 18 en-suite of which 6 have shower rooms



Parker House Tel: 0115 960 8862 Mobile: 07815 761889



6 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Dual registered for residential, nursing, palliative and dementia care
- Fully trained registered nurse on duty 24 hours a day
- Up to date lifting and handling equipment
- Home cooked meals catering for special dietary requirements
- Social activities provided
- Large dining area for residents' comfort during meal time
- 2 separate lounge areas to relax and enjoy
- New conservatory recently built for a secure visiting area
- Complete laundry services provided
- Passenger lift for freedom of movement between floors
- Regular visits from GP, chiropodist, dentist, dietician, hairdresser and optician
- 25 single rooms with 13 en-suite facilities



Albemarle Court Nursing Home Tel: 0115 960 4516



738 Mansfield Road, Woodthorpe, Nottingham NG5 3FY

- The Purpose built home offers 31 single bedrooms all en-suite of which 13 have shower rooms
- Modern security facilities in place
- Extra wide corridors
- One lounge and a large dining room
- One parker bath and assisted baths and shower
- Regular visits by Doctor
- TV / Telephone point in every bedroom
- Modern nurse call system
- Dentist, chiropodist & optician available
- Modern passenger lift
- Hairdressing
- Registered for Nursing and Dementia



Clarendon Court Care Home Tel: 0115 969 1681



13-15 Clumber Avenue, Sherwood Rise, Nottingham NG5 1AG

- Registered for Residential care including Dementia Care
- Spacious lounges with kitchenette and dining areas for residents' comfort
- Complete laundry service provided
- Modern nurse call system
- Up to date passenger lift for freedom of movement between floors
- 54 spacious bedrooms with en-suite facilities in each room
- Fully trained staff on duty 24 hours a day
- Home cooked meals catering for all dietary needs
- Regular visits from GP, district nurses, chiropodist, dentist, optician and hairdresser



Albemarle Court (Nottingham) Ltd
– T/A Albermarle Court Nursing Home
 738 Mansfield Road, Woodthorpe,
 Nottingham NG5 3FY
 Tel: 0115 960 4516 **Advert page 70**
OP D PD MH SI

Albemarle Hall Nursing Home
 4 Albemarle Road, Woodthorpe,
 Nottingham NG5 4FE
 Tel: 0115 960 7339 **Advert page 70**
OP D PD MH SI YA

Arnold Nursing Home
 82a Furlong Street, Arnold, Nottingham NG5 7BP
 Tel: 0115 967 0322 **OP D PD YA**

Beeches Care Home (Nottingham)
 55 Furlong Street, Arnold, Nottingham NG5 7AJ
 Tel: 0115 926 2838 **OP PD YA**

Carlton Care Home
 398 Carlton Hill, Carlton, Nottingham NG4 1JA
 Tel: 0115 961 9959 **OP YA**

Charnwood
 24 Station Road, Carlton, Nottingham NG4 3AX
 Tel: 0115 940 4441 **OP PD YA**

Elmbank Nursing Home
 35 Robinson Road, Mapperley,
 Nottingham NG3 6BB **Advert adjacent**
OP D PD LDA

Hawthorne Nursing Home
 School Walk, Bestwood Village,
 Nottingham NG6 8UU
 Tel: 0115 977 0331 **OP D YA**

Nottingham Care Village Ltd
 168 Spring Lane, Lambley, Nottingham NG4 4PE
 Tel: 0115 920 9328 **OP D YA**

Parker House Nursing Home
 6 Albemarle Road, Woodthorpe,
 Nottingham NG5 4FE
 Tel: 0115 960 8862 **Advert page 70** **OP D**

Springwater Lodge Care Home
 10 Smithy View, Calverton, Nottingham NG14 6FA
 Tel: 0115 965 5527 **OP D PD YA**

Woodthorpe Manor Nursing Home
 1 Egerton Road, Woodthorpe, Nottingham NG5 4FF
 Tel: 0115 920 6021 **OP**





Elmbank Nursing Home is located in the Mapperley district of Nottingham. The home is an exclusive development for residents who wish to spend their retirement in comfort and style.

Our home accommodates 30 residents with ensuite rooms available. It is a converted building with a lovely garden.

T: 0115 962 1262
E: manager.elmbank@redwoodhealthcare.co.uk
www.redwoodhealthcare.co.uk



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- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Mansfield care homes

Adele Cottage

Rufford Colliery Lane, Rainworth, Mansfield NG21 OHR
Tel: 01226 668020

OP LDA YA AD

Ashlands Care Home

152 Southwell Road East, Rainworth,
Mansfield NG21 0EH
Tel: 01623 792711

OP D

Baily House

Botany Avenue, Mansfield NG18 5QN
Tel: 01623 620719

OP D YA

Beechdene Care Home

29-30 Woodhouse Road, Mansfield NG18 2AY
Tel: 01623 649351

OP LDA YA

Beeches, The

59 High Street, Mansfield Woodhouse,
Mansfield NG19 8BB
Tel: 01623 421032

OP D

Church Street, 23

Market Warsop, Mansfield NG20 0AU
Tel: 01623 840000

OP PD LDA SI YA

Clipstone Hall and Lodge

Mansfield Road, Clipstone Village,
Mansfield NG21 9FL
Tel: 01623 636350

OP D

Corner House Residential Care Home

1-3-5 St Margaret Street, Mansfield NG18 2RE
Tel: 01623 657117

PD LDA MH SI

Dovecote Residential Care Home, The

69 Bagshaw Street, Pleasley, Mansfield NG19 7SA
Tel: 01623 480445

LDA

Dovetail House

The Park, Mansfield NG18 2AT
Tel: 01623 420690

PD LDA MH YA AD

Elm

Forest Avenue, Mansfield NG18 4BX
Tel: 01623 626252

PD MH SI YA

Esmer House

22 Peafield Lane, Mansfield Woodhouse,
Mansfield NG19 9DT
Tel: 07470 525736

LDA MH

Haywood Oaks Care Home

Kirby Close, Haywood Oaks Estate,
Blidworth, Nottinghamshire NG21 0TT



Haywood Oaks is a small, family owned care home for older people, located on the outskirts of beautiful Sherwood Forest, in a village setting. Haywood Oaks is a purpose-built care home that provides outstanding care for older people in a bright, airy and relaxed environment. Our communal areas are tastefully decorated and furnished to a high standard.

- Friendly & relaxed atmosphere
- A dedicated and committed staff team
- Person-centred care plans to cater for individual needs
- All rooms individually furnished to personal taste
- Extensive menu with locally sourced, home cooked food
- Long term, short-term and respite stay available
- Families & friends are made most welcome

“ We provide a happy, caring, safe and companionable home for our residents, where independence and individuality are encouraged and respected. ”

T: 01623 795 085 • www.haywood-oaks.co.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Fernleaf Residential Home

26 Chesterfield Road South, Mansfield NG19 7AD
Tel: 01623 655455 **OP D YA**

Hatzfeld House

10b Mansfield Road, Blidworth, Mansfield NG21 0PN
Tel: 01623 464541 **OP D PD LDA MH SI YA AD**

Haywood Oaks Care Home

Kirby Close, Blidworth, Mansfield NG21 0TT
Tel: 01623 795085 **Advert page 72** **OP D**

Helmsley Road Short Breaks Service

29 Helmsley Road, Rainworth,
Mansfield NG21 0DQ
Tel: 01623 476939 **OP D PD LDA YA**

Indigo

2 Forest Avenue, Mansfield NG18 4BX
Tel: 01623 626252 **LDA MH SI YA**

Innova House – CBIR

Forest Avenue, Mansfield NG18 4BX
Tel: 01623 626252 **PD LDA MH**

Lilac

24 Greasley Court, Mansfield NG18 4ND
Tel: 01623 626252 **OP D PD LDA MH SI YA**

Magnolia House Residential Care Home

Chesterfield Road North, Pleasley,
Mansfield NG19 7RA
Tel: 01623 811580 **OP D**

Malborn Teroan House

Main Road, Nether Langwith, Mansfield NG20 9EN
Tel: 01623 748392 **OP MH YA AD**

Mansfield

11 Lindhurst Lane, Mansfield NG18 4JE
Tel: 01623 424833 **PD LDA MH SI YA**

Manswick Care Home

2 Oakland Road, Forest Town, Mansfield NG19 0EJ
Tel: 01623 422405 **LDA MH SI**

Maun View

261 Chesterfield Road South, Mansfield NG19 7EL
Tel: 01623 423125 **OP D PD SI**

Montague Street Care Home

28-30 Montague Street, Mansfield NG18 2PN
Tel: 01623 651368 **LDA**

Newgate Lodge Care Home

Newgate Lane, Mansfield NG18 2LG
Tel: 01623 622322 **OP D**

Oakdene

Stacey Road, Mansfield NG19 7JJ
Tel: 01623 655123 **OP MH YA AD**

Oaklands, The

Oakfield Lane, Warsop, Mansfield NG20 0JE
Tel: 01623 842080 **LDA**

Pines

203 Park Hall Road, Mansfield Woodhouse NG19 8QX
Tel: 01623 633152 **LDA YA**

Redcliffe House

Redcliffe Road, Mansfield NG18 2QN
Tel: 01623 635599 **LDA YA**

Rowan – Innova House CLD

93 Windsor Road, Mansfield NG18 4BX
Tel: 01623 626252 **OP PD LDA MH YA**

Southwell Road, 304

304-306 Southwell Road East, Rainworth,
Mansfield NG21 0EB
Tel: 01623 793929 **OP LDA YA**

Thistle Hill Hall

Debdale Lane, Mansfield Woodhouse,
Mansfield NG19 7EZ
Tel: 01623 655100 **MH**

Willow Tree House

3 Sutton Road, Mansfield NG18 5ET
Tel: 01623 471300 **OP D PD YA**

Woodlands Care Home, The

Woodlands Way, Spion Kop, Warsop,
Mansfield NG20 0FN
Tel: 01623 845258 **OP D PD MH SI**

Woodlands – Innova House CLD

78-86 Forest Road, Mansfield NG18 4BU
Tel: 01623 626252 **LDA**

Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

Mansfield care homes with nursing

Advertisers are highlighted

Ashdale Care Home

42 The Park, off Park Avenue, Mansfield NG18 2AT

Tel: 01623 631838

OP PD

Portland College

Nottingham Road, Mansfield NG18 4TJ

Tel: 01623 499111

PD LDA YA

Berry Hill Care Home

Berry Hill Lane, Mansfield NG18 4JR

Tel: 01623 421211

OP D YA

Red Oaks Care Community

116 Clipstone Road West, Forest Town, Mansfield NG19 0HL

Tel: 01623 644195

OP D YA

Clipstone House

1 First Avenue Clipstone Village, Mansfield NG21 9DA

Tel: 0208 3271800

OP LDA YA

Sycamores, The and The Poplars

High Street, Warsop, Mansfield NG20 0AA

Tel: 01623 846446

OP D YA

Forest Care Home

Southwell Road West, Mansfield NG18 4XX

Tel: 01623 541694

Advert page 51

OP D PD MH YA

Thistle Hill Hall

Debdale Lane, Mansfield Woodhouse, Mansfield NG19 7EZ

Tel: 01623 655100

MH

Mansfield Manor Nursing Home

30-32 Chesterfield Road South, Mansfield NG19 7AD

Tel: 01623 631163 Advert page 46

OP D

Woodlands Care Home, The

Woodlands Way, Spion Kop, Warsop, Mansfield NG20 0FN

Tel: 01623 845258

OP D PD MH SI

Nightingale Nursing and Care Home

Fourth Avenue, Edwinstowe, Mansfield NG21 9PA

Tel: 01623 824480

OP D PD MH SI

Woodleigh Christian Care Home

Norfolk Drive, Mansfield, Nottingham NG19 7AG

Tel: 01623 420459

OP D YA

Parkside Nursing Home

Olive Grove, Forest Town, Mansfield NG19 0AR

Tel: 01623 655341 Advert page 79

OP D

For information on different types of care homes, see page 44.

Newark care homes

Birches

Eton Avenue, Newark NG24 4JD

Tel: 01636 550576

LDA YA

Cedars (Mansfield), The

67 Mansfield Road, Blidworth, Mansfield NG21 0RB

Tel: 01623 491033

LDA YA

Bowbridge Court

Bowbridge Road, Newark-on-Trent NG24 4DF

Tel: 01636 605528 Advert page 68

OP D

Charnwood House

Back Lane, Eakring, Newark NG22 0DJ

Tel: 01623 392127

LDA

Brooklyn Care Homes Ltd

Lodge Farm, Wheatgrass Hill, Upton, Newark NG23 5TJ

Tel: 07850 760813

OP PD LDA MH SI YA AD

Chestnut Grange

Main Street, Weston, Newark NG23 6ST

Tel: 01636 821438

OP LDA YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Christie Development Centre

Mansfield Road, Blidworth,
Mansfield NG21 0LR
Tel: 01623 798889

PD LDA MH YA

Copper Beeches

138 High Street, Collingham,
Newark NG23 7NH
Tel: 01636 892789

OP D PD YA

Dannsa House

Dannsa House, Lincoln Road, East Markham,
Newark NG22 0SS
Tel: 01777 870656

LDA

Edingley Lodge Care Home

Station Road, Edingley,
Newark NG22 8BX
Tel: 01623 549 415 **Advert page 51**

OP YA

Elston House

Top Street, Elston, Newark NG23 5NP
Tel: 01636 525384

LDA

Enright View

1-3 Enright Close, Newark NG24 4EB
Tel: 01636 702948

PD LDA MH SI YA

Greenfields Close

Newark Road, Coddington, Newark NG24 2QQ
Tel: 01636 677981

LDA

Hazelford Residential Care Home

Boat Lane, Bleasby, Nottingham NG14 7FT
Tel: 01636 830207

OP D

Old Orchard, The

242 Beacon Hill Road, Newark NG24 2JP
Tel: 01636 700227

LDA YA

Old Vicarage, The

Wellow Road, Old Ollerton,
Mansfield NG22 9AD
Tel: 01623 824689

LDA YA

Red Roofs Residential Care Home

35a Grange Road, Newark NG24 4LH
Tel: 01636 707298

OP D YA

Salisbury House

York Street, Eastern Markham,
Newark NG22 0QW
Tel: 01777 871231

LDA YA

South Collingham Hall

Newark Road, Collingham, Newark NG23 7LE
Tel: 01636 892308

OP D PD MH

South Lodge

London Road, Retford DN22 7JJ
Tel: 01909 506678

LDA YA

Southwell Court Care Home

Racecourse Road, Southwell NG25 0TX
Tel: 01636 815599

OP D

St Marys

The Old Vicarage, Main Street, Blidworth,
Mansfield NG21 0QH
Tel: 01623 795231

OP D

Sternhill Paddock

Back Lane, Eakring, Newark NG22 0DJ
Tel: 01623 411410

LDA YA

Strawberry Fields Care Home

Strawberry Hall Lane, Newark NG24 2EP
Tel: 01636 700770

OP D PD YA

Tigh Cranntail

1 King Johns Court, Main Road, Kings Clipstone,
Mansfield NG21 9BT
Tel: 01623 820815

LDA YA

Troc Care Home, The

256 Beacon Hill Road, Newark NG24 2JP
Tel: 01636 671342

OP D PD MH SI YA

Tuxford Manor Care Home

143 Lincoln Road, Tuxford,
Newark NG22 0JQ
Tel: 01777 872555

OP D PD MH YA

See the checklist on page 47 for useful suggestions of questions to ask when looking at care homes.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Boughton Manor

Church Road, Boughton,
Newark NG22 9JX
Tel: 01623 860436

OP D MH YA

Byars Nursing Home, The

Caythorpe Road, Caythorpe,
Nottingham NG14 7EB
Tel: 0115 966 3981

Advert adjacent
OP D PD SI

Lancaster Grange

Cross Lane, Fernwood, Newark NG24 3NH
Tel: 01636 880 755 **Advert page 51**

OP D PD YA

Oaks and Little Oaks, The

172 London Road, New Balderton,
Newark NG24 3BN
Tel: 01636 605365

OP

Pathfinders Neurological Care Centre

Darwin Drive, New Ollerton,
Newark NG22 9GW
Tel: 01623 836639

OP PD LDA SI YA

Red Rose Care Community

32 Brockton Avenue, Farndon, Newark NG24 4TH
Tel: 01636 673017

OP D YA

Sherwood Grange Care Centre

Mansfield Road, Edwinstowe, Mansfield NG21 9HF
Tel: 01623 824054

OP

Tuxford Manor Care Home

143 Lincoln Road, Tuxford, Newark NG22 0JQ
Tel: 01777 872555

OP D PD MH YA

THE BYARS

REGISTERED CARE HOME



The Byars is an independent Care Home situated in an idyllic Trent Valley village. We provide the highest quality care in the highest quality accommodation.

The Byars offers accommodation for people requiring nursing or personal care. We are able to meet the needs of individuals experiencing dementia.

Please contact us to discuss specific care needs and how they could be met at The Byars.

T: 0115 966 3981

www.byarscarehome.co.uk

Caythorpe, Nr Lowdham, Nottinghamshire NG14 7EB

CQC rating

Outstanding ☆

Nottingham City care homes

Acorn House

1 Oak Street, Nottingham NG5 2AT
Tel: 0115 960 5981

OP D LDA

Alexandra Lodge Care Home

2 Lucknow Drive, Mapperley Park,
Nottingham NG3 5EU
Tel: 0115 962 6580

OP D SI

Arnold Road, 514

Bestwood, Nottingham NG5 5HN
Tel: 0115 960 8091

OP PD LDA SI YA

Ascot House – Nottingham

30-40 Percival Road, Sherwood,
Nottingham NG5 2EY
Tel: 0115 960 6506

OP

Ashleigh House

18-20 Devon Drive, Sherwood, Nottingham NG5 2EN
Tel: 0115 969 1165

OP

Barkla Close, 19

19 Barkla Close, Clifton,
Nottingham NG11 8QH
Tel: 0115 915 5555

OP LDA YA

Basford

55a Hadbury Road, Nottingham NG5 1JZ
Tel: 0115 970 4850

PD LDA MH SI YA

Beechdale House Care Home

Beechdale Road, Aspley, Nottingham NG8 3EZ
Tel: 0115 929 2792

OP D PD

Beechwood

60 Burlington Road, Sherwood,
Nottingham NG5 2GS
Tel: 0115 924 5893

LDA

Belvoir Lodge

243 Edwards Lane, Nottingham NG5 6EQ
Tel: 0115 967 9287

OP PD LDA SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Blenheim Mount

Blenheim Mount, St Anns Hill,
Nottingham NG3 4LA
Tel: 0115 960 6446

PD LDA MH SI YA

Bulwell

Snape Wood Road, Bulwell,
Nottingham NG6 7GH
Tel: 0203 831 7924

OP LDA YA

Burlington Villa

15 Burlington Villa, Sherwood,
Nottingham NG5 2GR
Tel: 0115 960 2738

LDA

Carrington House Care Home

25 Mayo Road, Nottingham NG5 1BL
Tel: 0115 962 1100

OP D PD MH SI YA

Carrington Park

2 Clinton Avenue, Nottingham NG5 1AW
Tel: 0115 962 4949

PD LDA MH SI YA

Cherry Trees Resource Centre

Chippenham Road, Bestwood Park Estate,
Nottingham NG5 5TA
Tel: 0115 915 9193

OP D

Claremont Road, 4

Nottingham NG5 1BH
Tel: 0115 960 4618

OP LDA YA

Clarendon Court Care Home

13-15 Clumber Avenue, Sherwood Rise,
Nottingham NG5 1AG
Tel: 0115 969 1681 **Advert page 70**

OP D PD SI YA

Clifton Manor Residential Home

Rivergreen, Clifton, Nottingham NG11 8AW
Tel: 0115 984 5859 **Advert page 79**

OP D

Clifton View Care Home

67 Widcombe Lane, Clifton, Nottingham NG11 9GH
Tel: 0115 984 2021 **Advert page 48**

OP D

Cockington House

38 Cockington Road, Nottingham NG8 4BZ
Tel: 0115 928 8013

LDA YA

Conifers Rest Home, The

11-15 Bakerdale Road, Bakersfield,
Nottingham NG3 7GJ
Tel: 0115 911 0024

OP D

Devonshire Manor

2 Devonshire Road, Sherwood, Nottingham NG5 2EW
Tel: 0115 962 2538

PD LDA MH YA

Edenhurst Rest Home

5-11 Denmark Grove, Alexandra Park,
Nottingham NG3 4JG
Tel: 0115 960 6595

OP D

Fairview

Sutherland Road, Nottingham NG3 7AP
Tel: 0115 976 4652

LDA YA

Fairway View

Swale Close, Bulwell, Nottingham NG6 9LZ
Tel: 0115 975 8770 **Advert page 68**

OP D

Forest Lodge Rest Home

20 Forest Road East, Arboretum,
Nottingham NG1 4HH
Tel: 0115 978 0617

OP D MH

Gregory Court

Noel Street, Hyson Green, Nottingham NG7 6AJ
Tel: 0115 979 0750

OP PD YA

Gregory House II

391-393 Mansfield Road, Nottingham NG5 2DG
Tel: 0115 841 2713

MH YA

Hall Park Care Home

Squires Avenue, Bulwell, Nottingham NG6 8GH
Tel: 0115 676 2931 **Advert page 51**

OP D

Hawthorn Lodge Care Home

Beckhampton Road, Bestwood Park,
Nottingham NG5 5LF
Tel: 0115 967 6735

OP D PD SI

Hegarty Care

201 University Boulevard, Beeston,
Nottingham NG9 2GJ
Tel: 0115 808 5898

MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Kingfisher Court Care Centre

Sturgeon Avenue, Clifton, Nottingham NG11 8HE

Tel: 0115 940 5031 **Advert page 79** **OP D**

Kingsbury House Ltd

103-105 Mansfield Street, Nottingham NG5 4BH

Tel: 0115 955 2917 **OP D MH YA**

Langdale Court Residential Home

1 Colville Street, Nottingham NG1 4HQ

Tel: 0115 947 2167 **OP MH YA**

Langdale House Residential Home

Grove Avenue, Southey Street,

Nottingham NG7 4BP

Tel: 0115 978 3822 **OP MH YA**

Levina House

17 Victoria Embankment,

Nottingham NG2 2JY

Tel: 0115 986 1555 **LDA YA**

Lime Lodge

575 Nuthall Road, Nottingham NG8 6AD

Tel: 0115 875 8349 **OP LDA YA**

Limes, The

6 Lime Tree Avenue,

Aspley, Nottingham NG8 6AB

Tel: 0115 875 8349 **OP PD LDA YA**

Linwood House

1 Mount Hooton Road, Nottingham NG7 4AY

Tel: 0115 978 6736 **OP LDA YA**

Lynton House

Sutherland Road, Nottingham NG3 7AP

Tel: 0115 976 4652 **LDA YA**

Mapperley Lodge

24 Ebers Road, Mapperley Park,

Nottingham NG3 5DZ

Tel: 0115 960 3675 **PD LDA MH SI YA**

Mount Vernon Terrace

23-25 Waverley Street, Arboretum,

Nottingham NG7 4DX

Tel: 0115 978 4345 **OP MH YA**

Oaks Residential Home, The

Campbell Street, St Anns, Nottingham NG3 1GZ

Tel: 0115 876 2997 **OP D YA**

Oxclose Lodge

231 Edwards Lane, Nottingham NG5 6EQ

Tel: 0115 926 9617 **OP PD LDA SI YA**

Palmwood Court, 14-17

The Woodlands, Highbury Road,

Nottingham NG6 9BZ

Tel: 0115 666 6745 **OP MH YA**

Peacemills Care Home

132 Perry Road, Nottingham NG5 3AH

Tel: 0115 960 2539 **OP D PD LDA YA**

Precious Nursing & Residential Home

105-113 The Wells Road,

Nottingham NG3 3AP

Tel: 0115 704 4577 **OP D PD MH SI YA**

Prospect House

235-237 Porchester Road,

Mapperley NG3 6GQ

Tel: 0115 981 9080 **OP LDA YA**

Springfield Care Home

Lawton Drive, Bulwell, Nottingham NG6 8BL

Tel: 0115 927 9111 **OP D**

St Martins

42 St Martins Road, Nottingham NG8 3AR

Tel: 0115 929 7325 **OP D**

Turning Point – Alfred Minto House Care Home

26-28 Zulu Road, New Basford,

Nottingham NG7 7DR

Tel: 0115 978 3826 **MH YA**

Victoria House

19 Victoria Embankment,

Nottingham NG2 2JY

Tel: 0115 998 1026 **LDA YA**

Watcombe Circus, 2-4

Carrington, Nottingham NG5 2DT

Tel: 0115 960 9592 **OP MH YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Autumn Grange
Linden Road, Creswell,
Worksop, Notts S80 4JT
T: 01909 724098

Clifton Manor
Rivergreen, Clifton,
Notts NG11 8AW
T: 01159 848485 / 845859

Croft
43/44 Main Street,
Stapenhill,
Burton on Trent,
Staffs DE15 9AR
T: 01283 561227

Fernedene
Park Springs Road,
Gainsborough
DN21 1NY
T: 01427 810700

Haddon House
32-34 High Street,
Clowne, Chesterfield,
Derbyshire S43 4JU
T: 01246 811106

Kingfisher Court
Sturgeon Avenue,
Clifton, Notts NG11 8HE
T: 01159 405031

Parkside
Olive Grove,
Forest Town, Mansfield,
Notts NG19 0AR
T: 01623 655341

Pinxton Manor
Church Street West,
Pinxton, Notts
NG16 6PX
T: 01773 819191

Poplars
Rolleston Road,
Burton on Trent,
Staffs DE13 0JT
T: 01283 562842



Monarch
Healthcare



**Nursing Care | Dementia Care | Residential Care | Respite Care |
Day Care**

We understand how confusing it can be choosing a care home for yourself, or a loved one. Monarch Healthcare homes have an open-door policy and we're happy to give impartial advice and a tour of our homes without obligation. Our dedicated team of nurses and carers are expertly trained to discuss your requirements and advise you about the specialist dementia care and devoted palliative care services we offer.

We encourage you to visit our homes, sample a meal from our restaurant or join in with one of our social events to help make up your mind.

Monarch Healthcare works hard on its dementia strategy and believes in a completely person-centred approach to care. In all our homes we put the needs of our residents first, we're dedicated to understanding the needs of our residents, providing excellent standards in our hospitality services and making each day fulfilling and meaningful.

Our homes are shaped by our residents needs and preferences, from décor to menu choices. We work in your home.

monarchhealthcare.co.uk

Rutland Manor
99/109 Heanor Road,
Ilkeston,
Derbyshire DE7 8TA
T: 01159 440322

Woodlands
Butterley Hill, Ripley,
Derbyshire
DE5 3LW
T: 01773 744919

Heeley Bank
Heeley Bank Road,
Heeley, Sheffield
S2 3GL
T: 01142 245100

Wells Road, 280-282

Nottingham NG3 3AA

Tel: 0115 941 2743

OP LDA YA

Wilford View Care Home

1a Brookthorpe Way,
Nottingham NG11 7FB

Tel: 0115 704 3131

Advert page 48

OP D PD MH YA

Winterfell Care Home

23-29 Herbert Road, Nottingham NG5 1BS

Tel: 07944 267002

OP D PD YA

Wollaton View Care Home

21 Lambourne Drive, Wollaton,
Nottingham NG8 1GR

Tel: 0115 928 9119 **Advert page 48**

OP D

Woodborough

2 Corporation Oaks, Nottingham NG3 4JY

Tel: 0115 960 8188

PD LDA MH YA

See the checklist on page 47 for questions to ask when looking at care homes.

Nottingham City care homes with nursing

Beechdale House Care Home

Beechdale Road, Aspley, Nottingham NG8 3EZ

Tel: 0115 929 2792

OP D PD

Beechdale Manor Care Home

40 Beechdale Road, Nottingham NG8 3AJ

Tel: 0115 849 6400

OP D YA

Clarendon Court Nursing Home

15 Clumber Avenue,
Sherwood Rise NG5 1AG

Tel: 07480 142840

OP D PD SI YA

Clifton Manor Nursing Home

Rivergreen, Clifton, Nottingham NG11 8AW

Tel: 0115 984 8485 **Advert page 79**

OP D

Clifton View Care Home

67 Widecombe Lane, Clifton,
Nottingham NG11 9GH

Tel: 0115 984 2021 **Advert page 48**

OP D

Connect House

8A Riber Crescent, Basford,
Nottingham NG5 1LP

Tel: 0115 924 5467

Advert page 48

OP D PD LDA MH SI YA AD

Edwin House

Millers Court, off Radford Boulevard,
Nottingham NG7 3DP

Tel: 0115 850 4002

OP MH YA AD

Highfields Nursing Home

330 Highbury Road, Bulwell,
Nottingham NG6 9AF

Tel: 0115 927 8847

OP D PD

Huntercombe Centre, The – Sherwood

8 First Avenue, Sherwood Rise,
Nottingham NG7 6JL

Tel: 07885 203712

MH YA

Huws

93 Harlaxton Drive, Nottingham NG7 1JD
Tel: 0115 908 1560

PD LDA SI

Kingsthorpe View Care Home

Kildare Road, off Wells Road,
Nottingham NG3 3AF

Tel: 0115 950 7896

OP D PD MH SI YA

Maple Manor Nursing Home

3-5 Hardy Street Nottingham NG7 4BB

Tel: 0115 978 4299

OP LDA YA

Melbourne House

Grannis Drive, Aspley, Nottingham NG8 5RU

Tel: 0115 929 2784

OP

Mulberry Court Care Home

61 Darnhall Crescent, Bilborough,
Nottingham NG8 4QA

Tel: 0115 929 4483

OP D PD YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Park House

Cinderhill Road, Bulwell, Nottingham NG6 8SB
Tel: 0115 979 1234

OP D

Precious Nursing & Residential Home

105-113 The Wells Road,
Nottingham NG3 3AP
Tel: 0115 704 4577

OP D PD MH SI YA

Sandwood Care Home

700 Mansfield Road, Sherwood,
Nottingham NG5 3FS
Tel: 0115 953 1123

OP D YA

Sunlight Care (Park View)

13 Gedling Grove, Nottingham NG7 4DU
Tel: 0115 841 0484

OP PD LDA MH YA

Thistle Lodge

20 Robins Wood Road, Nottingham NG8 3LD
Tel: 0115 648 7586

LDA YA

Tottle Brook House

Calverton Drive, Strelley,
Nottingham NG8 6QN
Tel: 0115 666 0902

LDA

West Lodge Care Home

238 Hucknall Road, Nottingham NG5 1FB
Tel: 0115 960 6075

OP D PD

Winslow

401 Bestwood Road, Bestwood Village,
Nottingham NG6 8SS
Tel: 01604 745926

LDA MH YA

Wollaton Park Care Home

2a Lambourne Drive, Wollaton, Nottingham NG8 1GR
Tel: 0115 928 3030 **Advert page 48** OP D PD MH YA

For information on different types of care homes, see page 44.

Rushcliffe care homes

Ash Villa

159 Musters Road, West Bridgford,
Nottingham NG2 7AF
Tel: 0115 981 9761

D LDA SI

Belvoir Vale Care Home

Old Melton Road, Widmerpool,
Nottingham NG12 5QL
Tel: 01949 823989

OP D

Broadlands Residential Care Home

28 Shelford Road, Radcliffe-on-Trent,
Nottingham NG12 1AF
Tel: 0115 933 2727

OP D

Brookside Avenue, 26

East Leake, Loughborough LE12 6PA
Tel: 01509 559502

LDA MH YA

Bungalow, The

159 Musters Road, West Bridgford,
Nottingham NG2 7AF
Tel: 0115 981 7545

LDA YA

Cherry Tree Cottage

6 Kinoulton Lane, Kinoulton,
Nottingham NG12 3EQ
Tel: 01949 823951

OP LDA YA

Church Farm at Field House

11 Main Road, Radcliffe-on-Trent,
Nottingham NG12 2FD
Tel: 0115 933 5811

OP YA

Derbyshire House Residential Care

Station Road, East Leake, Loughborough LE12 6LQ
Tel: 01509 852531

OP PD

Firs Residential Care Home, The

Old Epperstone Road, Lowdham,
Nottingham NG14 7BS
Tel: 0115 966 5055

OP D PD LDA MH SI YA

Greenwood Lodge

49-55 Gotham Lane, Bunny,
Nottingham NG11 6QJ
Tel: 0115 984 7575

PD LDA SI

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs



HAMBERLEY

CARE HOMES



EDWALTON MANOR

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RESIDENTIAL CARE | DEMENTIA CARE | NURSING CARE | SHORT BREAKS

We believe it's the people that make a loving home. That's why our carers are so much more – they are Homemakers. Our award-winning Homemakers not only provide the highest quality of care but they focus on the tiny details that make each day special for every resident.

From always keeping things clean and tidy, to offering support with hobbies and interests, our Homemakers ensure that Edwalton Manor is a luxury care home with a heart.

Find out more about our award-winning Homemakers and the exceptional features which set Edwalton Manor apart from the standard care home – contact us to arrange your visit:

Edwalton Manor: **01156 713 560** | Landmere Lane, Edwalton, Nottinghamshire NG12 4DG

enquiries@hamberleycarehomes.co.uk | www.hamberleycarehomes.co.uk

SPACIOUS EN-SUITE BEDROOMS | AN ELEGANT CAFÉ AND BAR | WELLBEING AND BEAUTY SALON
DELUXE CINEMA | RESIDENT CHEF AND COMPLETE NUTRITIONAL SUPPORT | LANDSCAPED GARDENS

Scan here for
virtual tour



Holme Lodge – Care Home Physical Disabilities

1 Julian Road, West Bridgford,
Nottingham NG2 5AQ
Tel: 0115 982 2545

OP PD YA

Jubilee House

18 Hound Road, West Bridgford,
Nottingham NG2 6AH
Tel: 0115 981 7938

LDA YA

Leawood Manor

Hilton Crescent, West Bridgford,
Nottingham NG2 6HY
Tel: 0115 923 4985

OP D PD SI YA

Lilibet House

214 Radcliffe Road, West Bridgford NG2 5HD
Tel: 0115 981 7938

LDA YA

Little Acre – The Annex

Little Acres, Melton Road, Hickling Pastures,
Melton Mowbray LE14 3QG
Tel: 01949 81867

PD LDA SI YA

Mac Mae

2 Crosby Road, West Bridgford,
Nottingham NG2 5GH
Tel: 0115 981 5841

LDA YA

Old Orchard Care Home, The

123c Shelford Road, Radcliffe-on-Trent,
Nottingham NG12 1AZ
Tel: 0115 933 5113

OP PD LDA SI YA

Orchard House

46 Easthorpe Street, Ruddington,
Nottingham NG11 6LA
Tel: 0115 921 7610

OP D

Patrick House

2 Patrick Road, West Bridgford,
Nottingham NG2 7JY
Tel: 0115 981 8733

LDA YA

Radcliffe Manor House

52 Main Road, Radcliffe-on-Trent,
Nottingham NG12 2AA
Tel: 0115 911 0138

OP

Richmand House Residential Home Ltd

88-90 Melton Road, West Bridgford,
Nottingham NG2 7NF
Tel: 0115 914 2609

OP D MH

Roselea House

73 Loughborough Road,
West Bridgford,
Nottingham NG2 7JX
Tel: 0115 846 2250

OP LDA MH YA

Ruddington View

Clifton Lane, Ruddington,
Nottingham NG11 6AB
Tel: 0115 984 2808

LDA YA

St Peters Care Home

15 Vicarage Lane, Ruddington,
Nottingham NG11 6HB
Tel: 0115 984 4608

OP D

Tudor Grange

54 Main Road, Radcliffe-on-Trent,
Nottingham NG12 2BP
Tel: 0115 933 4404

OP

Westcliffe Care Home

78 Shelford Road, Radcliffe-on-Trent,
Nottingham NG12 1AW
Tel: 0115 933 5197

OP D

Westdale Residential Care Home

129 Melton Road, West Bridgford,
Nottingham NG2 6FG
Tel: 0115 923 3128 **Advert below**

OP D



Westdale
home for the elderly

Your life, your care, your choice

Why choose Westdale?

- Reasonable fees
- Excellent facilities including a peaceful garden
- Highly trained, qualified staff
- Low staff turnover
- Open door policy

For more information, including pricing and availability details, please contact us:
tel: **0115 923 3128** • web: **www.westdalecarehome.org.uk**
Westdale Home for the Elderly, 129 Melton Road, West Bridgford, Nottingham, NG2 6FG

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Rushcliffe care homes continued

William Court and Nunn Court

9 Glebe Road, West Bridgford,
Nottingham NG2 6DS
Tel: 0115 981 9181

OP LDA MH SI YA

Woodley House Ltd

Woodley Street, Ruddington,
Nottingham NG11 6EP
Tel: 0115 984 8069

OP PD LDA MH YA AD

Windsor House

23 Wilford Lane, West Bridgford,
Nottingham NG2 7QZ
Tel: 0115 981 8096

LDA YA

Wynhill Lodge Short Breaks Service

3 Wynhill Court, Forest Road,
Bingham NG13 8TE
Tel: 01949 838492

OP D PD LDA YA

Rushcliffe care homes with nursing

Advertisers are highlighted

Aslockton Hall Nursing and Residential Home

New Lane, Aslockton, Nottingham NG13 9AH
Tel: 01949 850233

OP PD

Fosse Way View Care Home

18 Grantham Road, Bingham,
Nottingham NG13 8BW
Tel: 01949 734000

OP D YA

Balmore Country House

245-247 Loughborough Road, Ruddington,
Nottingham NG11 6NY
Tel: 0115 921 3006

OP D

Grand, The

Greythorn Road, West Bridgford,
Nottingham NG2 7GG
Tel: 0115 896 7712

OP D PD MH YA

Beauvale Care Home

Moor Lane, Bingham, Nottingham NG13 8AS
Tel: 01949 831263

OP PD YA

Ruddington Manor Care Centre

Ruddington Gardens, Ruddington,
Nottingham NG11 7HL
Tel: 0115 981 5956

OP D PD YA

Church Farm at Field House

11 Main Road, Radcliffe-on-Trent,
Nottingham NG12 2FD
Tel: 0115 933 5811

OP YA

Church Farm at Rusticus

Owthorpe Road, Cotgrave, Nottingham NG12 3PU
Tel: 0115 989 9545

OP D PD MH YA

Church Farm Nursing Home

Church Lane, Cotgrave, Nottingham NG12 3HR
Tel: 0115 989 4595

OP D YA

Church Farm Nursing Home at Skylarks

Skylarks, Adbolton Lane,
West Bridgford, Nottingham NG2 5AS
Tel: 0115 982 5568

OP D PD YA

Edwalton Manor Care Home

Edwalton Manor Landmere Lane, Edwalton,
Nottingham, NG12 4GN
Tel: 0115 671 3560 **Advert page 82**

OP D



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Useful local contacts

Age UK Nottingham and Nottinghamshire

Working for all older people in Nottinghamshire.

Tel: **0115 844 0011** • Web: **www.ageuk.org.uk/notts**

Alzheimer's Society – Dementia Wellbeing Service Nottingham and Nottinghamshire

Offers advice and support to people with dementia and their carers.

Tel: **0333 150 3456**

Email: **dementiasupportline@alzheimers.org.uk**

Web: **www.alzheimers.org.uk**

Carers Federation, The

Provides a counselling service for adult carers.

Tel: **0115 962 9310**

Email: **info@carersfederation.co.uk**

Web: **www.carersfederation.co.uk**

Citizen's Advice Nottingham and District

16-18 Maid Marian Way NG1 6HS

Web: **https://citizensadvicenottingham.org.uk**

Consumer enquiries • Tel: **0808 223 1133**

General enquiries • Tel: **0808 278 7974**

Help to claim Universal Credit

Tel: **0800 144 8444**

Housing enquiries • Tel: **0115 945 3970**

(Nottingham City residents only).

Disability Nottinghamshire

Free, impartial and confidential advice and information on any aspect of disability (both general disability advice and specific welfare and benefits advice).

Tel: **01623 625891**

Email: **advice@disabilitynottinghamshire.org.uk**

Web: **www.disabilitynottinghamshire.org.uk**

Healthwatch Nottingham and Nottinghamshire

Represents the views of local people of the health and social care services they receive.

Tel: **0115 956 5313** • Email: **info@hwnn.co.uk**

Web: **www.hwnn.co.uk**

Nottinghamshire Help Yourself

Directory of social care and support services in Nottinghamshire.

Web: **www.nottshelpyourself.org.uk**

Nottingham Mencap

An independent local voluntary and community charity dedicated to people with a learning disability or difficulty, and their families and carers, living in Nottingham and Nottinghamshire.

Harpden House, 203 Edwards Lane, Sherwood NG5 3JA

Tel: **0115 920 9524** • Email: **info@n-mencap.org**

Web: **www.nottinghammencap.org.uk**

Nottinghamshire Care Association

Represents the majority of care homes and care homes with nursing throughout Nottinghamshire.

Email: **enquiries@nca.care**

Web: **www.nca.care**

Nottinghamshire County Council

County Hall, Loughborough Road, Nottingham NG2 7QP

Tel: **0300 500 8080** (Customer Service Centre).

Web: **www.nottinghamshire.gov.uk/contact-and-complaints/contact-us/contact-us**

Open Door 1

A committed team of people formed to provide a service to people who suffer from the effects of early stage memory loss, including carers and family members. The service currently runs three centres in Ashfield/Mansfield, Newark and Collingham.

Tel: **01623 405199** or **07722 520765** (mobile).

Email: **info@opendoor1.co.uk** or

maxinehuskinson@opendoor1ltd.co.uk

Web: **http://opendoor1.co.uk**

POhWER

Delivering advocacy services in Nottingham City and Nottinghamshire. See page 43 for more information or refer to the following contact details.

Tel: **0300 020 0093**

Email: **y.yourchoice@pohwer.net**

Web: **www.pohwer.net/nottinghamshire**



→ Hospitals

Ashfield Health Village

Tel: **01623 784723**

Bassetlaw Hospital

Tel: **01909 500990**

Kings Mill Hospital

Tel: **01623 622515**

Mansfield Community Hospital

Tel: **01623 785050**

Newark Hospital

Tel: **01636 681681**

Nottingham City Hospital

Tel: **0115 969 1169**

Nottinghamshire Healthcare NHS Foundation Trust

Tel: **0115 969 1300**

Queens Medical Centre

Tel: **0115 924 9924**

Useful national contacts

Age UK

Tel: **0800 678 1602**

Web: **www.ageuk.org.uk**

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811**

(10.00am to 10.00pm).

Email: **helpline@al-anonuk.org.uk**

Web: **www.al-anonuk.org.uk**

Alzheimer's Society

Dementia Connect support line: **0333 150 3456**

(Monday to Wednesday, 9.00am to 8.00pm;

Thursday and Friday, 9.00am to 5.00pm; and

Saturday and Sunday, 10.00am to 4.00pm).

Web: **www.alzheimers.org.uk**

Association of Charitable Organisations

A national umbrella body for benevolent charities.

Tel: **0207 255 4480**

Email: **info@aco.uk.net**

Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: **0121 415 6960**

Email: **enquiries@bild.org.uk**

Web: **www.bild.org.uk**

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: **www.carechoices.co.uk**

Care Quality Commission

Independent regulator of care services in England.

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Care Rights UK

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8136** (9.30am to 1.00pm, Monday to Friday; and 6.00pm to 8.00pm on Thursdays).

Email: **helpline@carerightsuk.org**

Web: **www.carerightsuk.org**

Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.

Tel: **0300 772 9600** • Email: **info@carers.org**

Web: **https://carers.org**

Carers UK

The voice of carers.

Tel: **0808 808 7777** • Email: **advice@carersuk.org**

Web: **www.carersuk.org**

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: **www.citizensadvice.org.uk**

Dementia Adventure

Thinking differently about dementia, the charity believes that with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy more active and fulfilled lives. Dementia Adventure offers supported holidays and dementia training for family and friends, professionals and organisations.

Tel: **01245 237548**

Email: **info@dementiaadventure.co.uk**

Web: **<https://dementiaadventure.org>**

Elderly Accommodation Counsel

Helps older people make informed choices about meeting their housing and care needs.

Web: **www.housingcare.org**

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0208 661 8188**

Email: **helpline@homecareassociation.org.uk**

Web: **www.homecareassociation.org.uk**

Hourglass (formerly Action on Elder Abuse)

Works to protect, and prevent the abuse of, vulnerable older adults.

Tel: **0808 808 8141**

Email: **enquiries@wearehourglass.org**

Web: **www.wearehourglass.org**

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: **advice@independentage.org**

Web: **www.independentage.org**

My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: **www.myfamilyourneeds.co.uk**

National Association for Providers of Activities for Older People (NAPA)

Promotes the importance of activities for older persons.

Tel: **01494 590421**

Email: **info@napa-activities.co.uk**

Web: **<https://napa-activities.co.uk>**

National Association of Funeral Directors

Web: **www.nafd.org.uk**

National Society of Allied and Independent Funeral Directors

Web: **www.saif.org.uk**

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

SANE

SANEline: for advice on mental health issues.

Tel: **0300 304 7000** (4.00pm to 10.00pm).

Email: **support@sane.org.uk**

Web: **www.sane.org.uk**

Silver Line, The

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In May 2020, Respectful Care Nottingham North was:

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